

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



April 2019

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
WITH ST JAMES' CHURCH, TEBAY,
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

VICAR

Rev. Alun Hurd 01931 716048
The Vicarage, Shap, Penrith, CA10 3LB
Email: alunjhurd@gmail.com

Retired clergy

Ian Elliott 24441
Christopher Jenkin 24410

Reader Emeritus

Reg Capstick 24497

ORTON with Tebay CHURCHWARDENS

David Aspden 24013
Angela Milburn 24382
Linda Garrick 24262
Martin Lawson 26028

PCC SECRETARY

Susan Thorpe 24166
Email: s.thorpe669@btinternet.com

TREASURER

Bill Lawler 24465

LOCAL LAY MINISTER

Rosemary Campbell 24837

RAVENSTONEDALE with NEWBIGGIN-ON-LUNE CHURCHWARDENS

Ann Brownrigg 23594
Martin Windle 07899 907958

SECRETARY

Diana Fothergill 23288
djfothergill@googlemail.com

TREASURER

Tim Parkinson 23393

Methodist Church

Rev. Stephen Radford, 50 South Road,
K. Stephen, CA17 4SN. 017683 71202.
Email: stephen.radford@methodist.org.uk

Roman Catholic Church

Fr Peter Houghton, Church of Our Lady of
Appleby 017683 51244

Cumbria Vinelife Fellowship, Orton

Colin Cox, 2 Ashfield Court, Orton
015396 24253

THE LINK DEADLINE IS THE 13TH OF EACH MONTH

**Please send all copy including
advertising to:**

**Editor: Christopher Jenkin,
Beckside, Orton, CA10 3RX.
015396 24410**

**Email:
linkpines@hotmail.co.uk**

**Advertising (finance only):
Linda Garrick, 015396 24262**

Small display ads are £45 p.a.

*Views expressed in 'The Link'
are not necessarily those of the
publishers or editors.*

CHURCH LETTER

From Elaine Alison, Local Lay Minister, St. Michael's, Shap

Spring is a strange time – a transition between winter and summer- supposed to start in March and end in May. Of course, the weather is unpredictable. In late February this year you could have ben forgiven for thinking summer had come - for a few days at least. Lovely sunshine and blue skies.

When looking back to the previous year, at almost the same dates, we were afflicted by the 'Beast from the East', unable to travel without difficulty. I remember the big snowdrifts.

But now the earth is beginning to wake up, green shoots appearing, the snowdrops have been, daffodils were very early this year.

This season has inspired many poets, encouraging us to go out and about and look at the beauty of Spring, where the creative powers of new life are at work in the rising sap in the trees, the birds laying eggs, maybe even a few fledglings in the nests, the unfurling of tight buds. It is a fresh start and new beginning.

During our lifetime we have many opportunities for new beginnings - transitions from what was to what will be. It begins at birth when we go from being a 'bump' to becoming a separate little individual – the start of our journey through life. We go to school, maybe university; get a job; commit to a long-term relationship or marriage; maybe move house. The whole thing begins again when a new generation is given birth and we have to adjust to a

whole new lot of new beginnings. It doesn't end there, for before too long we may enter the grandparent stage with all its delights and concerns.

You might like to reflect on the chain of fresh starts that have been part of your life; just as each winter gives way to spring, you may be able to trace times when one pattern of life gave way to another.

So it was at Easter, when the disciples had been spending time with Jesus, seeing him performing miracles; enjoying his teaching and his companionship. Then they had the sorrow of his crucifixion and death – having the thought of a new phase of life without his guiding presence

They then had the wonder of meeting the risen Jesus, later to watch him depart from them again as he went to heaven. They had his promise of course - the last words in Matthew's gospel, where Jesus said "And surely I am with you always, to the very end of the age".

Those words can be of great comfort to us, as we can be confident that whatever stage of life's journey we are at, particularly if it is a difficult time, that he is always there with us to give us strength to cope.

My sister gave me a wall plaque for my birthday which says, "Lord, teach me to realise that nothing will happen today that you and I can't handle."

Remember, you only have to ask.

God bless.

Elaine

NOTE - The management committee of *The Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month.

Next deadline: **13th April** for May 2019 issue.

Front Cover: Spring daffodils

SUNDAY SERVICES IN OUR CHURCHES FOR APRIL 2019

Sunday 7 April <i>Lent 5</i> <i>Sidesperson:</i> Isaiah 43:16-21 Philippians 3:4b-14 <i>Purple</i> <i>Prayers:</i>		Orton, 10:30am Holy Communion (by extension) Neil Hughes Jim Milburn Mary Jenkin Michael Heywood Angela Milburn	Tebay, 10:30am Songs of Praise <i>Rosemary Campbell</i>	Ravenstonedale, 10:00am All Age Worship <i>Fran Parkinson</i>
Sunday 14 April <i>Palm Sunday</i> <i>Sidesperson:</i> Isaiah 50:4-9a Philippians 2:5-11 <i>Red</i> <i>Prayers:</i>		Orton, 8:30am Holy Communion <i>Alun Hurd</i> Mary Jenkin John Dunning	Tebay, 10:30am Holy Communion <i>Neil Hughes</i>	Ravenstonedale, 10:00am Holy Communion <i>Chris Jenkin</i> Diana Fothergill Tim Parkinson
Holy Week	Wednesday	9.30am, Orton (MP)		
	Maundy Thursday	7.00pm, Orton (HC)	9.30am, Tebay (MP)	
	Good Friday	10am, Orton (Reflective)	10.30am, Tebay Chapel	9.30am, Ravenstonedale
	Holy Saturday	2.30pm, Orton (children's activities) then 4.00pm Service of Light		
Sunday 21 April <i>Easter Day</i> <i>Sidesperson:</i> Acts 10:34-43 1 Corinthians 15:19-26 <i>Gold or White</i> <i>Prayers:</i>		Orton, 10:30am Holy Communion <i>Ian Elliott</i> Chris Bland Iris Wilding Elizabeth Crossley Jackie Huck	Tebay, 10:30am Holy Communion <i>Chris Jenkin</i>	Ravenstonedale, 10:00am Holy Communion <i>Alun Hurd</i> David Morris Caroline Morris
Sunday 28 April <i>Easter 2</i> <i>Sidesperson:</i> Exodus 14:10-31, 15:20-21 Revelation 1:4-8 <i>White</i> <i>Prayers:</i>		Orton, 10:30am Holy Communion <i>Neil Hughes</i> Andy Glanville Jackie Huck Chris Bland Elizabeth Crossley	Tebay, 10:30am Service of the Word <i>Fran Parkinson</i>	Ravenstonedale, 6:00pm Evening Prayer <i>Alun Hurd</i> Followed by APCM Hilary Law Anthony Metcalfe-Gibson

SUNDAY SERVICES IN OUR CHAPELS FOR APRIL 2019

		7 th 5 th Sunday in Lent	14 th Palm Sunday	21 st Easter Day	28 th
Tebay	10.30 a.m. 6.30 p.m.	S of P at PC	A Burton 3.30 Cnxn Svce at Appleby	OA	WB Robinson
Orton	10.30 a.m. 6.30 p.m.	A Pallister S Worsfold	S Radford HC 3.30 Cnxn Svce at Appleby	OA AAW T Dent	B Staley J Law
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	S Thackray OA Prayer and Share	LA 3.30 Cnxn Svce at Appleby	M Harrison OA HC Prayer and Share	T Capstick CA T Capstick CA
Ravenstonedale	2.00 p.m. 6.30 p.m.	LA	3.30 Cnxn Svce at Appleby	A Sterling HC	R McGregor

Vinelifa Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

*From Rosemary Campbell,
Local Lay Minister*

Well, here we are, well on the way to Easter. I wonder what thoughts it brings to you?

I think of daffodils and spring flowers, new life all around us especially in our beautiful area. Each year the daffodils look fantastic along the banks by the road along towards "the Station". The lambs will be skipping around the fields.

For children it will mean Easter Eggs abound.

In the church it reminds us of the resurrection of Jesus and lots of cheerful hymns, like that great one by Charles Wesley "Jesus Christ is risen today" and "Thine be the glory" which never loses its sense of triumph and deep joy.

It would be lovely for you to join us on Easter Sunday and share in the celebration.

Life for many has been a struggle lately with illness and viruses about. These occasions sometime give us time for reflection and catching up on recorded TV! We remember those who face serious illness at this time, especially those living alone.

Congratulations are due to those who organised the Charity Night down at the Club. The magnificent amount of £4600 was raised for three charities – wow!

Wishing you all a Happy Easter!

Tebay Surgery

The surgery in Church Rise (run from the Upper Eden Medical Practice, Kirkby Stephen) is open on

Tuesdays, 9 a.m. to 12 noon

and

Thursdays 3.0 - 6.30 p.m.

01768 371369

'J'Unction'

Christians from both Church and Chapel meet on the **first Tuesday of every month** from 7.30 to 8.30 pm. to pray for the community of Tebay in the Hub at Tebay Church. So please join us on **Tuesday 2nd April**, and every Tuesday in May.

All welcome !



'Twinkles'

**Tuesdays 9.30—11.30 a.m.
at Tebay Methodist Hall**

**All welcome -
with or without children**

Voluntary run playgroup—
Activities changed on a weekly basis including painting, playdough, drawing, cutting, dressing up, slides, bikes, music, reading.

For more information contact

Pippa Smith

07487 776904 or 015396 24367

Holy Land Pilgrimage

Dear friends,

As we approach Easter we remember the events in the Holy Land centred around Jerusalem, as Jesus' earthly ministry culminates in Holy Week and his crucifixion and resurrection.

I am thinking of leading a Pilgrimage to the Holy Land in 2020 to see and experience where Jesus walked and taught, and where stories in the Old Testament come to life.

If you are interested in finding out more about a Pilgrimage, please contact me – without any commitment:

Alun Hurd. 01931 716048.
alunjhurd@gmail.com

TEBAY METHODIST CHURCH

Coffee Morning

Saturday 18th May

10 a.m. to 11.0 a.m.

TEBAY METHODIST CHURCH

Afternoon Teas

Saturday 22nd June

3.00 to 4.30 p.m.

COME AND ENJOY!

Tebay Lunch Club

**2nd Wednesday of every month
at the Old School Tea Room
12.0 noon: £8.00**

Contact Bernard or Muriel:
015396 24272

THE HUB



**Tebay Community Library and
Drop In in the Hub,
St. James' Church**

Every Monday morning,
10.00am - 12.00 noon

Refreshments

Books to borrow and buy
All ages welcome

"2 Till 4"

*Do you enjoy
Knitting/Sewing/
Crafts?*



*Do you need a helping
hand?*



*Join us at Tebay
Methodist Hall every
Tuesday afternoon
for a cuppa and a chat
while crafting*

Call Dennis on 015396 24445

Or just come along.

Everyone welcome



Tebay Community Choir

On Saturday 2nd March, Tebay Community Choir gathered to enjoy a music workshop, led by Charlotte Jackson, along with the opportunity for individual singing lessons for each choir member. The day was a great success, with choir members saying:

"What a great day, lovely to spend time with one another"

"Really felt we improved by spending time together and getting different perspectives on how we can improve our singing"

"It's given me a lot more confidence when I am singing, with great tips about my breathing."

During the day we also provided refreshments and light lunches and we were joined by local residents, helping us to raise over £130 towards the choir's music fund. So a big thank you to everyone who helped make the day so enjoyable and successful.

If you are interested in joining the choir, we meet each Monday 7.30 – 9.00 pm in The Hub beneath St. James' Church, Tebay. Just come along and join us as we sing a broad selection of different types of music. Everyone is welcome, with no auditions; just come and enjoy singing.

For further information contact Alison Mott email: alison@mott.me.uk

TEBAY ANNUAL CHARITY NIGHT

The organisers of the Tebay Annual Charity Night would like to thank everybody who supported the night on Saturday 9th March!

We all had a brilliant night and raised an amazing **£4,600 to be split between Macmillan Cancer Support, Hospice at Home and The Teenage Cancer Trust!**

Huge thank you to those who donated towards the night.

We look forward to seeing you all next year!

Becky, Catherine, Sarah, Hannah, Keeley, Imogen and Katy.

Tebay and Orton Bright Hour

"Around the world in 30 mins" ... members and friends from Kirkby Stephen who joined us at our recent March meeting, listened entranced as Diana Nicholson described her family involvement with HOST. The charity enables foreign students studying in our country to experience short stays with host families in this country.

We sat in the warm comfort of Tebay Chapel and were transported to Canada, Ukraine, China and Uganda to name but a few of the countries where some of Diana's guests have come from. Over the years, many have become family friends and we all so enjoyed seeing pictures of the students and hearing about their different paths through life. It was good to hear Diana stress how much the host families gain from learning first hand about life in other countries.

As always, our meeting ended with a delicious tea and time for a chat and laugh together.

If any ladies would like to join us for our next meeting, which will be a visit to Kirkby Stephen Bright Hour group on Wed afternoon 3rd April, please tel. either Muriel (24272) or Olive (24258) regarding a lift.

TEBAY METHODIST CHURCH

Soup and Sweet Lunch

On Saturday 9th March on a cold, bright morning, piping hot soup and a delicious array of hot puddings and cold desserts were enjoyed by those who came.

The church members wish to thank all who supported the event; the total raised was **£416**. The next Foodie Event is a Coffee Morning on Saturday 18th May, 10.0 to 11.30 a.m.



*St James' Church
Annual Exhibition*

THE
HISTORY
OF
CLOTHES

*Sunday 5th - Monday 6th May
2pm - 4pm*

Come and learn about how we dressed...
Vintage and reproduction clothing from ancient
times to modern day!

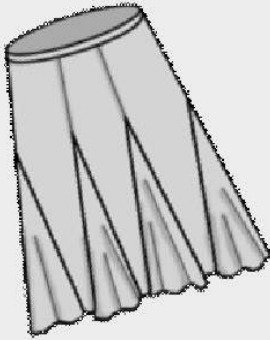
DISCOVERY QUIZ

REFRESHMENTS

DRESS UP

CAKE STALL

All at St James' Church, Tebay



WANTED

For St James' Annual Exhibition

Vintage and antique clothing for display

Men's, women's and children's clothing
all welcome - pre-1960 preferred

*Please contact Abbi Lawson before May 1st on 07900982349
or email abbi@lawsons.org.uk*

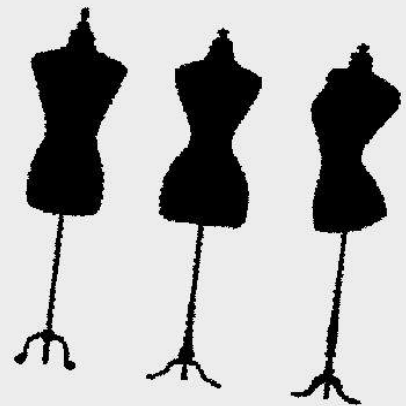
WANTED

For St James' Annual Exhibition

Sewing and display mannequins

For use in displaying items - women's and men's
both needed

*Please contact Abbi Lawson before May 1st on 07900982349
or email abbi@lawsons.org.uk*



Tebay Primary School



Class 3 visited Sizergh Farm, Kendal to take part in 'Chef on the Farm'. The children worked with Chef James Holden, and learnt how to promote cooking using fresh ingredients, how to link good food to where it is produced, to appreciate how food is reared and grown, and to introduce healthy food and a healthy diet. A thoroughly enjoyable day was had by all children and staff. Thank you to Westmorland Services who arranged the visit.

The whole school visited the Life Centre at Newcastle on Wednesday 27th March. They took part in science workshops, the themes being 'seasons, weather, solids, liquids and gases'. Thank you to our parent helpers, Julie Foster, Kass Haygarth and Bex Mandle who accompanied the staff and children on the trip. The children were commended on their good behaviour.

Dates for your diaries:

Monday 15th April – Back to school.

Parents evening.

Thursday 18th April – Easter egg decorating Competition; Easter assembly at 2pm.

Friday 19th April – Good Friday (off school).

Monday 22nd April – Easter Monday (off school).

Friday 26th April – FOTS Chocolate Bingo at 6pm in Tebay Club.

World Book Day – Thursday 7th March 2019.

The children and staff came to school dressed as their favourite book character, we had Harry Potter, Matilda, Alice in Wonderland, Where's Wally, Batman, Spiderman, Wonder Girl and many more.



We have had 2 students with us for the last 5 weeks, Miss Winder and Miss Barrow both from Edgehill University. Miss Winder has been in Class 3 and Miss Barrow in Class 1 and 2. The children presented both student teachers with a thank you card and gift on their last day. Mr Sunderland from Kirkby Stephen Table Tennis Club has been coming into after school club to deliver some table tennis lessons to the older children. Thank you, Mr Sunderland.

Friends of Tebay School

Friday 26th April – Chocolate Bingo, 6:00pm in Tebay Club.

Thank you to everyone who has supported FOTS so far this year. The IT department at CET are in the process of ordering new interactive screens for the classrooms with the money that has been raised.

Please visit our website:

www.tebay.cumbria.sch.uk for lots of useful information, pictures and up to date newsletters. If anyone would like to look around the school, please telephone or email Mrs Tracy Morland in the school office to arrange a convenient date and time -

015396 24239;

admin@tebay.cumbria.sch.uk

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in ***The Link!***

Tebay Senior Citizens Lunch & Trip Tuesday 7th May

Lunch will be served in Tebay Methodist Hall at
12 noon
Coach leaves at 1:30pm for the trip.

Men and Women aged 60 plus who live in Tebay
Parish are invited to share this occasion.

Anyone wishing to attend the lunch and/trip are
asked to contact

Ann Walker - tel: 24371

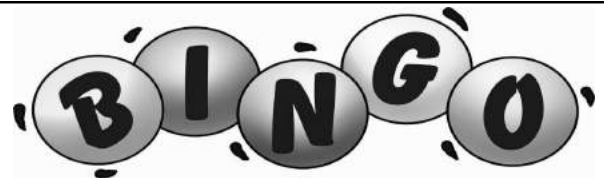
or

Pam at The Post Office - tel: 24967
before Friday 26th April.

Stating names / number of persons attending
lunch and trip, and any dietary requirements.
Please also let us know if you require transport
to and from the chapel.

**We look forward to as many of you as
possible sharing this occasion with us.**

**Please note: invites will not be
delivered by hand this year.**



Chocolate Bingo

A fun night for all the family!

Friday 26th April

6pm – 8pm

Tebay Club

£1 for 6 games of bingo

Lots of chocolate prizes

Raffle and refreshments

Everyone welcome!



Gypsy & Traveller Cultural Evening

7:30pm, Monday, 29th April

King's Arms [Function Room], Kirkby
Stephen

Billy Welch

*History, traditions & culture of the
Gypsy People*

Bill Lloyd

Gypsy songs and stories

Romany Rai

Extracts from this award winning film

Admission Free

Refreshments on Sale

*For more information contact Phil Dew
on 017683-72898*



Eden Community Learning & Skills

COURSES STARTING this Summer

FREE Basic Maths & English courses

Functional Skills Beginners ICT

Update your Office Skills

Hill Skills and Navigation

Fell Walking for Beginners

Learn to Sew, Make an Infinity Scarf

Try Silk Painting, Silk painted Jewellery

Intro to Lino Printing, Try Rag Rugging

CV Writing, Interview Skills,

Confident Communication

Make a Silver Spinner Ring

Sage Financial Accounts

For more info contact us on

Tel: 01931716447 or

Email: edenclas@cumbria.gov.uk

Or check out our website: www.cumbria.gov.uk/learningandskills

Holy Week and Easter at All Saints' Church

Wednesday 17th April

9.30 a.m. Morning Prayer

Maundy Thursday, 18th April

7.00 p.m. Holy Communion



Good Friday, 19th April

10.0 a.m. Meditation

12.00 noon: Walk of Witness (Shap)



EASTER DAY

6.00 a.m. Sunrise Service (Raise Howe)

10.30 a.m. Easter Communion



Orton Farmers' Market

The next two Farmers' Market
Coffee Mornings will be on

Saturday 13th April and Saturday 11th May

Join us in church
for refreshments and a chat
in a friendly atmosphere.

At the March meeting we raised **£360.56** to
help us continue God's work at All Saints.

Many thanks for your continued support.

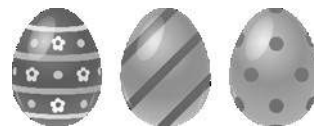
Orton Methodist Chapel



**Join us on Easter Day
Sunday, 21st April at 10.30am**

A service for all the family

*Egg hunt and pasche egg rolling
for the children afterwards*



*Coffee and refreshments served
All are most welcome*

For any further information tel. Rachel Woof
015396 24372

ORTON CHURCH EXHIBITION

& VILLAGE SCARECROW FESTIVAL

The Theme of the Exhibition is

**“WINDOW SHOPPING
on the High Street”**

Saturday 25th May to Sunday 2nd June

The Scarecrow Competition

is open to anyone living in Orton Parish
and any child attending Orton School.

The theme this year is

Jobs, Trades and Professions.

Entry forms available from

- Orton Village Stores
- Marion Robinson (24384)
- Brenda Iveson (24617)

Do join in – it's lots of fun!

News from rton School



World Book Day

On Thursday 7th we held an amazing World Book Day. Almost every child in Orton dressed for the occasion! It was a fun packed day. Bicci and Niamh dressed up as Katniss from The Hunger Games and Sofie Dossi from YouTube and a book by Jorden Metter :) People also dressed up as Suzanne, Mad hatter and Thing 1 and Thing 2.

Did u know: World Book Day is a Charity, so every young child can have a book. WOW is that not an amazing charity?

Thank you By Niamh and Bicci

Young Journalist Competition

Before the half term class 4 entered a writing competition called Young Journalist. We had to write an article about something in the world. I wrote about Dolphins.

Did you know an orca is a dolphin?

We had two winners in our school. By Caitlyn

Young voices

On the 14th February some of Class 3 and 4 went to Young Voices at Manchester Arena to sing songs.

We met Tony Hadley, Beau Dermott and Charlene Hector. We are sure that if we asked everyone if they liked it they would all say that they loved it.

By Emily, Poppy and Madison



Tri golf

On the last week of January, Class 3 went to Tri Golf. They went after dinner to get on the bus.

When they arrived there were lots of activities. Most of our points came from an activity that involved hitting a big target. The target was velcro and the balls stuck to it.

When they got back to school they were so pleased because they came in the top 5!

500 Word competition

BBC Radio 2 held a competition where children starting from age 5 to 13 wrote stories with 500 words. The children were put into categories of different ages and could write a fictional story about whatever they liked.

From Orton School Classes 3 and 4 entered and they were all really good. There are various prizes to be won and hopefully someone from our school will win.

By Amelia

Stuart Atkinson

Stuart Atkinson came to talk about space he showed us a 1000000 year old meteorite and how small the earth is and how small the sun is. It made me feel small. **Morland**

Rugby club

Please Join Upper Eden Rugby Club at Kirkby Stephen, especially under 9 and 10. It is good fun. Any one 8 years to 14 years is welcome. Thursday is 6pm till 7pm. Any one 6 years to 7 years 5pm to 6pm

By Nathan Mawson



Real Love Rocks

Recently some people called Faye and Anna from Barnardos Children's Charity came in to talk to the yr6s. We had three sessions, the first was about healthy relationships and about how they should be fair and not one person controlling, the second about grooming, and the third about Internet safety and how to keep safe online.

We had a chance to ask questions and played games to help us understand.

Thank you Barnardos for everything.

By Kate Wharton and Cristina Jenkin Gallego

Life Education Bus
On world book day we went on the Life Education Bus. We learnt about only 3 drugs are legal but they cause the most harm. Harold the Giraffe came to visit us. We looked at Tam the 3d model and the we saw the stars.
By Suzanne and Franky

JUNIOR FLY TYING

Fly tying at Tebay Social Club - come along have some fun!
(it is free)
7pm-9pm
You can go at 8pm
Molly



Tullie House

Last week classes 2, 3 and 4 went to Tullie House in Carlisle. We went around the museum in 3 groups, after that we had lunch then we did Egyptian activities. There was mummifying and we made God masks. After that we acted out a funeral for the King Tutin Tullie. Then we went back to school.

By Ben, Tyler and Lucas

Notes from the Herald, April 1919

Bleak, cold, snowy till 17th; fine and warm thereafter (Good Friday 18th). Plenty of dried fruits now in shops but sugar and butter will stay rationed as will meat till 30th June.

Orton's news is of deaths only! – Died at Drumlin, Kendal, on 30th March, William Gaskell late of Greenholme, age not said, buried at Orton on 2nd April. At Orton on 16th April, Mary Ann, daughter of the late Joseph Jackson, aged 77; at High Whinhow, Orton on 17th, Kathleen Mary, daughter of Thomas William and Janet Elizabeth Taylor. She was 8 months old and buried at Orton on Saturday, 19th; at Rayne Farm, Orton on 15th, Mary Ann, widow of William Longmire, 66; see also Ravenstonedale.

Tebay The LNWR thinks its Tebay workforce needs 32 new cottages. Would the R.D.C. build them?

Local elections 15 candidates for 9 seats on Tebay Parish Council.

Easter, 20th April: The Tebay Boys' Brigade came to the Church's morning service. The P.M. Chapel's Sunday School Anniversary was on Good Friday – pupils' concert and tea in the afternoon and public meeting in the evening.

Late April: As most of Tebay works on the railway, the LNWR Co. Ought to house them (Tebay Parish Council says)

Ravenstonedale Married at Kirkby Stephen Wesleyan Church on Saturday afternoon, 29th March, a Fell End couple, Mr. Thomas Herd, Ash Pott Farm to Miss Mary Askew only daughter of Mrs. and the late Mr. H. Askew, Studfold Farm; given away by her brother, Mr. E. Askew, the Best Man. Reception at Studfold. Ravenstonedale Congregational Church Festival and Tea and Meeting on Good Friday afternoon. Ravenstonedale Church now has a Girls' Friendly Society Branch. It plans to be financially self-supporting and held a Sale of Work (i.e. Crafts Fair) and Concert for its fund on Monday, 21st in the Schoolroom, and made £55 (now £4400)

Newbiggin-on-Lune Died there on 29th March, 1869 (in the 50 Years Ago Column on 5th April, 1919), Mary, widow of Edmund Brown and also the widow of Thomas Hunter who was murdered on his return from Kendal many years ago. (Thomas' tombstone is east of Orton Church. He was returning from Kendal Market with the cash got that day from sales of his livestock at Kendal Mart to Archer Hill when a mugger beset him. His tombstone, Orton no 5 in my list of 25th September, 1999, reads "Erected by an Affectionate FATHER to only SON, who on the night of Saturday November, 18th, 1837, upon his return from Kendal was waylaid and shot dead by a daring ASSASSIN and his money taken from him in a solitary lane not far from his

own door. THOMAS HUNTER of Archer Hill was cut down as a flower in the 32nd year of his age. By his loss an endearing wife, three children were bereft of their king Protector. (Further Hunters are on the tombstone's back)

In the Kirkby Stephen Concert Party in Brough Primitive Methodist Chapel Anniversary on Easter Monday were "Miss Raine of Newbiggin on Lune and Mr. Hartley Parkinson both in fine form and loudly encored"

Ravenstonedale Died at Lockholme-foot, on Thursday morning, 10th April, Mrs. Margaret Hunter who had been ill; she was 77. Born at Greenside in Ravenstonedale. She lived there most of her life. Her husband, Mr. John Hunter, Coldbeck died 45 years ago. On retiring from her farm she went to live with her eldest son on his. She had two other sons, all three are married. She was well-known with many friends. Buried at Ravenstonedale, Monday, 14th at 2.30pm.

Our thanks to Jeremy Godwin for the Notes.



CHRISTIAN AID Week in our Parishes

Christian Aid Week this year will
be 12th to 18th May.

If you live in Orton then you should receive a **Christian Aid** envelope in this magazine. We are planning a Coffee Morning for Christian Aid with stalls, raffle etc., at Beckside, Orton, on Saturday 1st June, so please see the May **Link** for full details. Quiz Sheets for Christian Aid are also available in churches and at Orton Village Store. Completed sheets can be brought to the Coffee Morning.

Tebay, Newbiggin and Ravenstonedale will receive envelopes in the May edition. If you are happy to support this good cause then please bring your donations to the event or give them to any PCC member, or members of the Methodist Chapels in Orton, Tebay, Ravenstonedale and Newbiggin-on-Lune, or to **Chris or Olive Bland, 015396 24258.**

Tuesday Morning Prayers in Churches

9.30 a.m.

All welcome to join us for a time of worship and prayer

Dates, venues and leaders for April

2 nd	Tebay Church, with Rosemary Campbell
9 th	Bampton Church, with Diana Nicholson
16 th	Shap Church, with Alun Hurd
23 rd	Orton Church, with Ian Elliott
30 th	Ravenstonedale Church, with Alun Hurd



Orton and Tebay Local History Society

Next Meetings:

Thursday 18th April:
"Gypsum in the Eden Valley"
with Graham Brooks

Thursday 16th May:
"Yards of Kendal" with Trevor Hughes
Tebay Methodist Church

Farfield Mill Exhibitions

Much More Than Meets The Eye!

James Owen Thomas: 1 March - 28 April

James is a new young artist who creates his art from things others cast aside. 'From an early age, I always preferred to see litter in bins rather than it is spoiling the countryside, parks and seashore. I later realised how some of it can be recycled and this developed into a special interest exploring my own ideas in art.'

Forgotten Landscapes, Hidden Secrets

Andrew Burns Colwill: 1 March – 7 May

A painting exhibition from Bristol based artist Andrew Burns Colwill. "From stony riverbanks, ageless roots and mossy blankets rise minerals, meadows and gentle slopes supporting mighty peaks dotted with silver dwellings and streaked with grey stone walls. A timeless landscape rich in history, forgotten stories and hidden secrets.'

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

NEXT MEETING:

Thursday 11th April with John

Fleetwood. Everyone welcome for lively Christian worship and fellowship, in the Appleby Hub (Centre 67), Chapel Street, Appleby.

7.30 for 8.0 p.m.

<http://www.thefillingstation.org.uk>



Easter Day

SONRISE SERVICE

6.00 a.m.

As usual the local churches between Shap, Tebay, Orton, Ravenstonedale and Appleby are sharing in a short open-air service to greet the risen Lord Jesus on Easter morning.

So set your alarm! Easter Day is Sunday 21st April, the service is at 6.00 a.m. and the sun will rise over Cumbria at 5.55 a.m.! Wrap up warm, and come out to Raise Howe on the east side of Orton Scar (just above the cattle grid on the way down to Appleby). And pass the word around to Christians from all churches.

Appleby Town Band will be there to accompany the hymns; the speaker will be the Revd. Andrew Sterling of Appleby Methodist Circuit and the service will be led by the Revd. Ian Elliott.

Afterwards breakfast will be served at Rookery Barn, Raisbeck, by kind invitation of David and Christine Merritt. All welcome!

Barry Hawthorne Ministries

Igniting the fires of Faith for Revival!

New season of meetings
with Barry and Karen Hawthorne



FAITH - HEALING - HOLY SPIRIT

Thursday 4th April at 7pm

Appleby Hub (Centre 67), Chapel Street, Appleby
Praise and worship led by Karen
followed by ministry of the word of God.

<http://www.barryhawthorneministries>
info@barryhawthorneministries.com

Church Websites for Orton and Tebay

Entry in the Church of England's "A Church Near You" directory
Orton's entry: <https://www.achurchnearyou.com/church/12220/>
Tebay's entry: <https://www.achurchnearyou.com/church/12223/>

Facebook pages

Orton's page: <https://www.facebook.com/AllSaintsOrton/>
Tebay's: <https://www.facebook.com/groups/stjamestebay>

69th GREENHOLME GALA AND AGRICULTURAL SHOW

Saturday 8th June 2019

ROUGH FELL SHEEP CLASSES

1. Ewe sucking a lamb
2. Gimmer Shearling sucking a lamb
3. Gimmer Hogg
4. Tup Hogg
5. Shearling Tup
6. Aged Tup
7. Best female that has not won a prize in classes 1-6
8. Best male that has not won a prize in classes 1-6
9. Best pair of Gimmer Hoggs,
10. Best legged in Bone and Colour, Male
11. Best legged in Bone and Colour, Female
12. Best overall in Bone and Colour - to be judged from winner of class 11 and 12 - no entry required
13. Prize for Best pair, 1 Male, 1 Female.
14. Society prize for best collection of 3 sheep: 1 Aged Ram, 1 Shearling Ram, 1 Tup Hogg.
15. Society prize for the Best Ewe, Best Gimmer Shearling, Best Gimmer Hogg.
16. Society prize for Best Male or Best Female shown in the Breeders hands

TEXEL SHEEP CLASSES

17. Ewe or Shearling that has reared a lamb this season
18. Gimmer Hogg
19. Tup Hogg
20. Aged Tup
21. Shearling Texel Tup
22. Texel Tup Lamb
23. Texel Gimmer Lamb
24. Pair: 1 Male and 1 Female.
25. Pair Females
26. Pair Males
- 26a. Best female that has not won a prize in class 17-26
- 26b. Best male that has not won a prize in class 17-26

ANY OTHER BREED OF SHEEP including rare and native breeds

27. Female. Ewe or Shearling
28. Male. Aged Tup or Shearling
29. Gimmer Hogg.
- 30.. Tup Hogg
31. Pair of Females
32. Pair of Males
33. Tup Lamb
34. Gimmer Lamb

---oOo---

35. **Young handler** [up to and including aged 16]– To be entered on the day. 50p entry

---oOo---

Dog classes – enter on the day (£1 per class)

- Large Dog
- Small Dog (below Judges knee height)
- Dog with the waggiest tail
- Dog most like its owner
- Best Trick
- Dog The Judge Would Most Like To Take Home

---oOo---

HOME PRODUCE and CONFECTIONERY

36. 3 Brown Eggs
 37. 3 White eggs
 38. Best 3 sticks of Rhubarb
 39. Jar of Lemon curd
 40. Handmade Sour dough loaf
 41. Handmade Loaf of brown bread
 42. Handmade Loaf of white bread
 43. Rich fruit cake
 44. Ginger bread
 45. 3 Cheese scones
 46. Favourite Mary Berry cake
 47. 3 Sausage Rolls
 48. 3 pieces tray bake
 49. 3 Decorated Vegan Muffins
 50. 3 Ginger biscuits - not rolled
 51. Lemon drizzle cake
 52. A Gluten Free cake
 53. Best Chocolate cake [unfilled, undecorated and made in one tin]
 54. Trifle in a glass
 55. Cake in a Plant pot
 56. Brexit cake!
 57. 3 Butterfly buns
 58. 3 Truffles
 59. Jar Raspberry jam
 60. 3 pieces of Currant Slice
 61. Banana loaf
 62. Jar of chutney
 63. Damson/Sloe Gin or any Liqueur [in clear glass bottle, labelled]
 64. Homemade Pizza (Dinner plate size)
 65. 3 Chocolate Brownies
 66. Guinness Cake – to set recipe - see end of schedule
 67. 3 shortbread biscuits
 68. 3 Pieces of fruit Flapjack
 69. 3 Cheese Straws
- ### SPECIAL CLASS - MENS BAKING
70. 3 Chocolate Muffins

HANDICRAFTS

71. Homemade Jewellery
72. Christmas Craft Item
73. Item of Crochet or Knitting
74. Homemade baby item
75. Painting - any medium
76. Homemade Rabbit or Hare - any medium
77. A Paper Craft
78. Novelty Bottle Stopper
79. Article - hand or machine sewn
80. Needlecraft - inc cross stitch
81. Any other handicraft - Ladies/Gents
82. Best pot plant
83. Succulents (2 or more) in container
84. Decorated Wreath
85. Homemade felt article
86. Homemade Coaster
87. Famous Person out of a vegetable (please name)
88. Something upcycled
89. Homemade bag
90. A show related Limerick
91. Homemade Tea Cosy
92. Miniature Farm (base not bigger than 10")
93. Homemade Toy

PHOTOGRAPHS: 7x5 inch or less – including any border

- 94. Any Photo – 'Weather'
- 95. Any View
- 96. Any Photo of Child/Children
- 97. Any Photo of Animal/Animals
- 98. Any Photo of a Cat
- 99. Any other Photo
- 100. Any other Photo - with a caption
- 101. A Collection of 2 Photographs - Then and Now
- 102. Any Photo of a hedgerow
- 103. Action Photo
- 104. Photo – 'Flowers'
- 105. Selfie
- 106. Black and White photo

--oOo---

CHILDREN'S CLASSES - No entry fee

- 107. **PRE-SCHOOL only** - A Picture - any medium
- 108. Pizza (base can be bought optional)
- 109. Homemade Snowflake
- 110. 3 Cornflake Cakes
- 111. 3 Decorated Sponge Buns
- 112. Lego model – own design – to sit on A4 Sheet.
- 113. Photo (primary school age)
- 114. Farm on a plate
- 115. Drawing of your house [max A3]
- 116. Plant in a baked bean tin [judged with class 129-combined class]
- 117. Picture - Any medium
- 118. Pipe Cleaner model
- 119. Decorated Egg
- 120. Handwriting - Poem
- 121. Any Handicraft - Girl/Boy
- 122. Best Decorate Mask
- 123. Play doh model
- 124. Painted Pebble

Secondary school age young adults can enter in classes numbered 125 -132

or in main adult classes

- 125. Homemade bread buns
- 126. 3 Choc chip cookies
- 127. 3 Cup Cakes
- 128. Any other handicraft
- 129. Plant in a baked bean tin [judged with class 116-combined class]
- 130. Photo
- 131. Animal made of vegetables
- 132. Picture – any medium

---oOo---

Entry fees - Sheep £1, Produce & Confectionery, Handicrafts, Photographs 50p, Dog classes £1, Children classes free

Please see full schedule for rules and entry form. Available on our Facebook page 'Greenholme Agricultural Show & Gala' or from greenholmeshowsecretary@gmail.com

CLOSING DATE for Entries : May 8th

Entries to be returned to Mrs J. Taylor, Schoolmasters House, Greenholme 015396 24414 , greenholmeshowsecretary@gmail.com

Many thanks to all our sponsors



Resuscitation Council (UK)

Thanks to everyone who has signed up for a training session on using a defibrillator.

We got a great response at the February Farmer's Market (thanks to Lynn Siddle for her help!) and from the list in the shop, and we already have nearly 40 names of people who are interested in training!

Training sessions, run by Matt and Cath Wray (both paramedics and based in Orton), will take place at

7.30pm on Thursday 11th April and

7.30pm on Thursday 18th April

Both sessions will be in Orton Market Hall.

Everyone is welcome but please let Sally (on 24732) or Menna Lewis (on 24546) know if you plan to come and haven't already signed up.

Thank you.



**THE ARTS
SOCIETY
APPLEBY IN
WESTMORLAND**

The Arts Society

Appleby in
Westmorland

'The Wind in the Willows'

Revisited Through Its Illustrators.

by John Ericsson BA (Hons)

on Wednesday 10th April

Members free. For more information and to see our 2019 programme

visit www.taswestmorland.org.uk



ORTON DROP
IN

EVERY WEDNESDAY

10.30 – 12.00

AT CHAPEL SCHOOLROOM

EVERYONE WELCOME

FRESH COFFEE AND HOMEMADE CAKES



Fly Tipping

Anybody recognise this asbestos roofing and skylight? Dumped in the quarry at the top of Orton Scar in February.....out of mind but not out of sight....

And next day - **MORE!** ➡



Travelling by Tuba

The Farewell Tour comes to Orton Market Hall

80,000 miles a year and still not out of puff – but, after 28 years on the road, Travelling by Tuba have decided to slow down.



Audiences in Orton Market Hall can join them on their Farewell Tour for a multi-instrumental, global extravaganza featuring favourite music and instruments from all over the world as part of the Highlights Rural Touring Spring season.

The first half features an astonishing variety of sounds and instruments that include the gladiatorial Roman Cornu, a Swiss Alpine horn, the beautiful Chinese Dragon-Headed Trumpet, a pair of 6-foot-high Tibetan Dungs - and the original mobile phone. Contrast these with the mellow sounding ocarina, the blaring African Kudu and the amazing Italian Cimbasso.

The second half is in a cabaret style with well-known tunes, jazz piano solos, Flanders and Swan and, as impossible as it sounds, a rendition of the opera *Carmen* in four and a half minutes.

Musicians Chris Cranham (tuba) and Stewart Death (piano) perform a unique show with an array of wind and brass instruments alongside humorous anecdotes from their years on the road. There's more information online at www.travellingbytuba.com and this promises to be a super show for all the family.

"Travelling by Tuba really get their enjoyment of music across".

The Times

Date/ Time: Sunday 28 April at 7.30pm

Venue: Orton Market Hall

Tickets: Adult £9, U16 £5 and a family ticket for just £20

Bookings: Tickets are available from Orton Village Store, from Sally on 24732 or sally.seed@btconnect.com or online from www.highlightsnorth.co.uk.

Orton Manor Court Grass Lettings

1st May 2019 – 1st April 2020

- Howes Quarry – approximately 6 acres
- Small parcel of land at Field Head, Park Lane

Sealed bids to : Brenda Iveson, Treasurer to Orton Manor Court, Street Farm, Orton
before Friday 5th April 2019.

Orton Surgery

Orton Surgery is normally open every week from 9.15 to 10.30am on Tuesdays and from 4.00 to 5.45pm on Thursdays.

There will be no Orton Surgery on Tuesday 2nd April but medication will be available for collection between 10am and 10.30am.

Shap Practice: 01931 716230

Out of hours: 03000 247 247

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link**!

Farming in the Howgills – wartime life through the lens of a 1940's photographer

Report of a talk given by Hilary Wilson, a local historian, author and former hill farmer, entitled **Wartime Farming in the Howgills**, to the Ravenstonedale History Group in January and the Orton and Tebay History Society in March.

The talk combined personal anecdotes and recollections from Hilary, illustrated by photographs recording daily farming life in the Howgills during the second world war. The photographs were taken by Jim Cookson, a talented, award winning artist, born in Kendal in 1883. Although the original photographs, mounted in an old family album, were damaged by a small child using them for doodles, the prints have been digitally restored to their original perfection and they offered a fascinating lens eye view to a period when the Howgill fells were ploughed and planted, in response to wartime regulations commanding that oats, turnips and potatoes would be grown as an integral part of the hill farming year alongside the traditional sheep and cattle farming methods of the time.

Through the lens of Jim Cookson and the childhood memories of Hilary, the audience experienced the daily lives of families of Howgills farmers, working together on the very physical tasks of ploughing, preparation, planting and harvest. Tasks captured by Jim Cookson included the harvest of bracken for bedding and compost, stacking hay on carts, picking stones, spreading lime, setting potatoes, muck spreading, hoeing and thinning turnips, hedging and walling. Although demanding work, with minimal mechanical assistance, monotony was not experienced, because families worked alongside each other. Winter bleakness contrasted with summer days where sun bonnets were very much needed.

The cooperation and mutual support of the farming community was also captured on film, including working together at sheep shearing and a crowd of boon day volunteers, working to tidy up the local Church graveyard.

Aspects of farming life now long disappeared included: photographs of the traditional horse drawn sledges, used summer and winter as safer and more practical means to haul hay and bracken; horses making their reluctant, un-enthusiastic journey to the blacksmith, returning home enthusiastically; and the neighbourly competition that was wash day, (competing to be first to hang out the washing), done every Monday by hand with only the most basic washing implements.

The initiatives demanded by the wartime Government, were explained, including the regular inspection and farm visits, with Ministry men being very recognisable wearing their rather smart macs! There were long term implications of wartime changes including the death of sheep, without suitable winter feed on the fells, owing to the mandated cultivation.

Hilary also mounted a fascinating exhibition of books and domestic items from the period, including a cabbage cutter (modified from an old scythe), adult and toddler clogs, herd books, account books and childhood educational and story books.

Letter to a Friend

(author unknown)

Yesterday, I saw you walking and laughing with your friends: I hoped that soon you'd want Me to walk alongside with you too.

So, I painted you a sunset to close your day and whispered a cool breeze to refresh you. I waited – you never called – I just kept on loving you.

As I watched you fall asleep last night, I wanted so much to touch you.

I spilled moonlight on your face – trickling down your cheeks as so many tears have. You didn't even think of Me;

I wanted so much to comfort you.

The next day, I exploded a brilliant sunrise into glorious morning for you.

But you woke up late and rushed off to work – you didn't even notice.

My sky became cloudy and My tears were in the rain.

I love you. Oh, if you'd only listen. I really love you.

I try to say it in the quiet of the green meadow and in the blue sky.

The wind whispers My love throughout the treetops and spills it into the vibrant colours of all the flowers.

I shout it to you in the thunder of the great waterfalls and compose love songs for birds to sing for you.

I warm you with the clothing of my sunshine and perfume the air with nature's sweet scent.

My love for you is deeper than any ocean and greater than any need in your heart. If you'd only realise how much I care.

My Dad sends His love. I want you to meet Him – He cares, too. Fathers are just that way. So, please call on Me soon.

No matter how long it takes. I'll wait – because I love you.

Your friend,
Jesus.

Reprinted with thanks to The Sands Methodist Church, Appleby, where it featured in their recent Sacred Space display.

Ravenstonedale

Forthcoming events Spring 2019

Easter Saturday, 20th April

Charity Coffee Morning

10.00am-12.00noon

St Oswald's Church, Ravenstonedale
In aid of *Great North Air Ambulance*.

Tuesday, 23rd April

Bible Discussion Group at Manor House

Led by Fran Parkinson

7.30pm. All welcome

Sunday 28th April

Annual Parochial Church Meeting
after 6.0 p.m. Evening Prayer

FOR YOUR DIARY

Advent Sunday, 1st December

Kirkby Stephen Silver Band Concert

St Oswald's Church, Ravenstonedale 3.00pm



St Oswald's Church, Ravenstonedale.

St Oswald's Parish Church Revision of Electoral Roll and Annual Parochial Meeting Sunday 28th April

The Church Electoral Roll is revised every 5 years; if you still wish to be on the Roll, or want to be added to the Roll, please contact Anne Brownrigg (Church Warden) 23594 or Diana Fothergill (PCC Secretary) 23288 who can provide a form. Forms must be returned by 14th April.



Holy Saturday, 20th April

10.30 a.m. -12 noon

Coffee Morning

in St Oswald's Church

ALL VERY WELCOME

RAVENSTONEDALE VILLAGE 'OPEN HOUSE'

Continues EVERY WEDNESDAY from 10.30am to
12 noon in the METHODIST CHURCH

Do come along and meet friends and make new ones,
and enjoy a cup of coffee, tea or juice, with biscuits and
sometimes scones or cake.

Everyone is welcome -

locals, walkers, cyclists, passers-by!

There is no charge but donations are welcome and any
surplus goes to good causes; we have recently supported
the Great North Air Ambulance, Eden Animal Rescue and
Shelter Box.



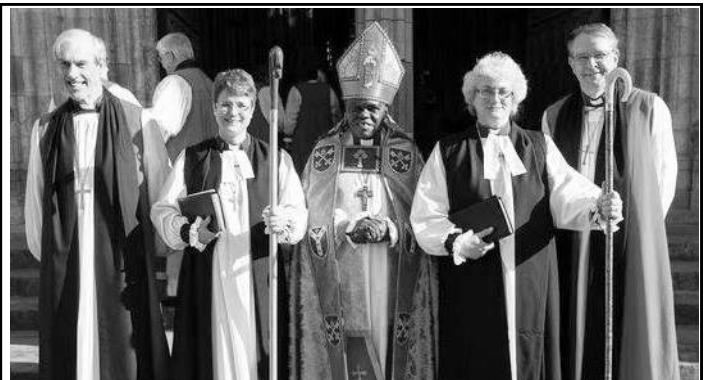
Bible Discussion Group

Manor House,
Ravenstonedale,
Tuesday 23rd April,

7.30 p.m., led by Fran Parkinson

The discussions are friendly and informal and often wide
ranging. It does not matter whether you are a regular or
irregular church/chapel attender or have never been in
years, you are all most welcome

Further information - 015396-23308



The Rt Rev Dr Emma Ineson, new Bishop of Penrith, was
consecrated by Archbishop John Sentamu at York Minster

Our advertisers

Please support our advertisers, and when you phone one to ask for their services,
please tell them that you saw their advert in ***The Link***!

Bee Together For Pollinators!



Yorkshire Dales Millennium Trust is calling on community groups to Bee Together and join an exciting new project to create wildflower meadows.

The programme, supported by the National Lottery Heritage Fund thanks to National Lottery players, aims to connect communities and landscapes to reverse the decline of wild pollinators such as bees.

Bee Together will link people from Leeds to Lancaster with the common goal of engagement, education and practical conservation work to support these vital creatures.

David Renwick, Head of the National Lottery Heritage Fund Yorkshire and the Humber, said: "Looking after nature and helping people to understand its importance has never been more urgent and will be a major focus for the National Lottery Heritage Fund moving forward. Thanks to money raised by National Lottery players, Yorkshire Dales Millennium Trust will work with communities in the North to increase

understanding of, and help reverse the decline of pollinators."

Catherine Mercer, Bee Together Officer, at YDMT, said: "60 per cent of bees and other pollinators are in decline. They face a wide range of threats, from toxic pesticides to climate change and disease. However, the most significant reason for their decline is the loss of wildflower-rich habitats.

"Declining pollinator populations don't just mean bad news for wildlife – with a third of the food we eat dependent on pollinating insects, if bees are in trouble, so are we.

"This project aims to reverse this by working with community groups to create wildflower meadows. The project will help groups create a wildflower meadow in their own community green space, be it a churchyard, garden, village green or community grounds.

"It will provide hands-on help to support groups in creating a meadow, offer funding for equipment and train groups on how to manage and maintain their meadows.

"So if you have a group of willing volunteers and an accessible public space about the size of a tennis court, we'd love to hear from you."

Bee Together seeks to create a 'B-Line' corridor of linked habitats suitable for pollinators between Leeds and Lancaster, contributing to the national B-Lines network mapped by Buglife.

This crosses the Yorkshire Dales and will help pollinators expand into new locations and move from area to area across a network of new habitats.

To find out more, please contact Catherine Mercer at Yorkshire Dales Millennium Trust on 015242 51002 or email catherine.mercer@ydmtd.org



**Valentine's Event at
St. Oswald's
Sunday 17th February**

Newbiggin-on-Lune

Newbiggin-On-Lune Methodist Chapel

Please feel free to come along
and join in our fellowship.

Every Sunday at 10.30am

Every Tuesday we have our coffee morning from
10am – 12 noon.

Plus various other events either weekly or monthly
Sunday School – all ages, Youth Fellowship – ages 11
plus, Lunch Club, Fellowship, Men's meetings, Bible
Studies, Worship Band Practices,
Ignite Bible Study ages 16 plus and Ladies meetings.

All welcome

For more information please call Wilfred on 23600
or Angela on 07980 418078

Newbiggin-on-Lune Baby and Toddler Group

Every Friday morning (term time) 9.30am - 11.45am

Methodist Chapel Schoolroom

Children under 6 months - free

Children over 6 months - £1.50

First session is free (includes a
healthy snack)

Just turn up, or for more details
contact **Chairperson** : Fi
017683 71921



Ravenstonedale Folk Dance Club

Thursdays, 7.45 p.m.

at Newbiggin-on-Lune Village Hall.

We meet weekly; everyone is very welcome.

For more information ring Chris Bland - 24258.

Are you interested in
**Sewing / knitting / quilting /
sharing skills and chat ?**

Please ring Ann Wappett on 015396 23565

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Ian Clayton Tel: 015396 23226

Secretary: Jim Wardrope Tel 015396 23288

Treasurer : Carl McLaughlin Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker : Anne Brownrigg Tel: 015396 23594

All bookings should be made with the Caretaker

All payments to the Treasurer.

LUNE LADIES SPRING PROGRAMME

3rd April

ornaments to

Pamela Clarke – Garden

make at home.

8th May

Fashion Show by "Kitty Brown
Boutique" of Carnforth. Refreshments will be
provided. Charity Open Meeting - everyone
welcome.

Lune Ladies meet in Newbiggin-on-Lune Village Hall
on the first Wednesday in the month (*usually*) at
7.30pm. We enjoy a chat, cup of tea or coffee and
listening to our invited speakers. We are always
pleased to welcome new members; subscription is
£10 annually, guests £3, to cover the cost of
speakers and the hire of the Hall. Do come along
and join us - you will be most welcome!



Newbiggin-on-Lune

BOWLS CLUB

Fridays at 7.30 p.m.

All welcome - first night FREE!

For details contact Stephen Dickinson
(17766 833 500)

LUNE SPRINGS LUNCH CLUB

Lune Springs Lunch Club welcomes anyone who
would like some company and a meal. It is held on
the **second Monday of each month**
at Norman Ousby's Garden Centre and Café
at Newbiggin-on-Lune.
The cost is **£10.00** for a main course, sweet,
and coffee or tea.

It would be lovely to welcome new people - we are
a friendly group and there is quite a lot of chatter!

Please let Sally Cannon know
if you are able to come

(015396 23230 or 07531 544048)

as the meal is prepared specially for us.

We should be very pleased to see you!

Newbiggin-On-Lune

Men's Meeting

No meeting till October

Contact Jonny Capstick for details - 015396 23141

700 years of Newbiggin-on-Lune

History, ancient lands, farms and families

The February talk at Ravenstonedale Parish History Group (www.ravenstonedalehistory.org.uk) was presented by Les Neal, a member of RPHG and an enthusiastic local historian. A History of Newbiggin-on-Lune (in the manor of Ravenstonedale) was drawn from extensive research and travels undertaken by Les across Northern England.

Documents presented including ancient manorial records, maps and citations from public records located across the North of England. The talk addressed three distinct historical questions, which when drawn together in summary documented nearly 700 years of history from Torphin (1160) to Mrs Forrest (1910).

The first section of the talk, addressed the question, 'who was Torphin?' and 'when and what was the grant, made to the priory of Watton?' (Driffild, West Yorkshire), an event that establishes the origin of Newbiggin. Torphin is mentioned in the frequently cited, local 19th century history reference book published by Revd. Nicholls, that states 'in the year 1336 the manor of Ravenstonedale was given by one Torphin to the priory of Watton'.

By presenting the findings from his journey across Northern England and interrogation of ancient manorial records, Les established that **Torphin** was a real person and lived between 1150 and 1194. He held large tracts of land in Westmorland including Warcop, Bleatarn, Waitby and Ravenstonedale as well as large estates in Yorkshire. He would have passed 'the woods and pastures of Ravenstonedale' (and Newbiggin) to the Priory at some point between 1160 and 1180, at least 160 years early than suggested by Nicholls.

The second section of the talk investigated the history of the farms and crofts of Newbiggin, starting with an 1856 map, and from this and later records, Les presented a comprehensive account of the ownership and extent of the seven farms located in the Village. Complex family tree diagrams clearly illustrated the careful acquisition and inheritance of agricultural families over generations, including names familiar today.

Alongside the farms were crofts, which formed the important clue in dating the heritage of Newbiggin. Les confirmed that 'The use of

settlement plans based upon simple rows – a series of long, narrow tenement plots arranged in a line – is well known from the period after the Norman Conquest in 1066'. The outline of these crofts was mapped out on more recent maps to demonstrate the layout of the long, narrow tenement plots. From this research Les concluded that Newbiggin was a small, new, planned settlement set out with crofts, shortly before the gift to the Priory (1160-1180).



Finally, in the third section of the talk, Les focused on Mrs Forrest (*see above*). The 1910 valuation records confirm that she was the owner of at least 14 properties in Newbiggin, despite very humble origins. Which inspired the question, 'how did a motherless stonemason's daughter from Gateshead come to own half the village in 1910?'

To answer the question, Les presented a detailed journey tracing the movements of Newbiggin families, across the Pennines to the North East industrial landscape. The story reported the journey of a motherless infant, including child servitude to more wealthy relatives, weavers from Newbiggin, masons from Muker, masons from Wrekenton near Gateshead, a colliery manager's daughter from Felling, Gateshead, and coopers from Dent. In conclusion Les established that Mrs Forrest was part of an extended network of mason families stretching from Swaledale to Gateshead connected by carriers from Brough, Barnard Castle through to Newcastle.

Steve Fermer

SCAM ALERT

If a police officer knocked on your door, or contacted you over the phone, would you know how to check if they were a genuine officer?

Sadly, there have been recent scams where people have posed, both in person and on the telephone, as a police officer and tricked people into providing them with personal information or money.

If you are contacted in person, an officer will be able to identify themselves by showing you their warrant card, which is proof of their identity and authority.

If contacted via email, an officer would never ask for access to your computer, ask you to click on a link in order to participate in an investigation, or ask for your log in usernames or passwords.

If contacted over the phone, an officer would never ask for your bank details or PIN, ask you to transfer money into an account, ask you to hand over bank cards or details to a courier or ask you to pay a fine or fee over the phone. They would never ask you to confirm passwords or log on details over the phone, or ask you to register personal details on a website.

If you are in any doubt whatsoever as to the identity of a police officer please take their collar number and name and contact police on 101.

If the initial contact has been made over the phone, after hanging up, wait at least 5 minutes before calling 101. There have been cases of fraudsters keeping the telephone line open after a call. So waiting until the line has cleared is advisable.

If you are ever unsure or suspect anything, end the conversation and contact the police. A real police officer will understand and ask you to ring back on 101.



Easter Pictures to colour



Palm Sunday



The Last Supper



Jesus on the cross



When Mary came to Jesus' grave it was opened and He was gone. He had risen. Matthew 28:1-7

Shap

Good Friday Walk at Shap



Mark this special day by joining our walk of witness with short acts of worship along the way. Meet at St Michael's at 12 noon then walk via Shap Abbey and Keld Chapel (time for Hot Cross Buns and tea) and back to St Michael's, Shap. All Welcome.

The Old Courthouse, Shap

12th April – 5th May 'Material Worlds'. Four professional artists whose practices include leaf work, ceramics, textiles, collage and painting using traditional techniques and slow processes to conjure art.

10th May – 2nd June '100 things of Shap'. Artwork by Natalie Burns and community groups in Shap.

Visit our website for details of workshops, other activities and opening times

www.theoldcourthouse.org

Highlights at Shap Memorial Hall

Saturday 4th May 7.30pm
'Eglantyne'

Anne Chamberlain performs an inspiring new play about the courageous and visionary life of Eglantyne Jebb, founder of Save the Children.

Tickets: Adults £10 Conc. £9
Tel. 01931 716273 or online at
www.highlightsnorth.co.uk

Dave Trelfa Roofing Contractors



- FOR ALL YOUR**
- Roof Repairs
 - Re-Roofs
 - Flat Roofing
 - Roofing Materials
 - Tar & Asphalt Roofing
 - Timber Roofing
 - Leadwork Roofing
 - Roofing Services
 - Rubber Roofing
 - Slate Roofing

T: 0800 138 1811 | M: 07710 818 550
E: dave@trelfaroofing.co.uk | W: www.trelfaroofing.co.uk

The King's Arms Hotel, Shap

Call 01931 716277 or info@kingsarmsshap.co.uk

Open 7 days a Week

Food served Weekdays from 5pm
Weekends 12-2pm then from 5pm

Upcoming events

Saturday 13th April- Bingo from 8pm

Saturday 20th April - Sponsored Easter Bunny Bounce from 2pm, all ages welcome (collect a sponsor form from the pub) followed by Quiz Night from 8pm
All funds raised for Friends of Shap School and Playgroup.

Sunday 21st April - Live Music from The Deep End at 9pm

Sunday 5th May - Live Music from Paddicraic - The Irish Band - at 9pm

Sunday 26th May - Live Music (*band tbc*) at 9pm

Save the Date ...

King's Arms Beer Festival: 2nd, 3rd and 4th August



THE CROSS KEYS
INN, TEBAY
16th Century Coaching Inn

Happy Easter from all us at the Cross Keys Inn

Good Friday: Disco Karaoke from 8pm
Easter Sunday: Kitchen open all day.

Seasonal themed nights starting at the Cross keys
Viva la Bella Italia

26th April: Come and try a Selección of Italian dishes .
1 course 11.95 - 2 courses 17.95 - 3 courses 21.95

Selection of Italian wines and liquors.
Please phone 015396 24240 to book a table.

Due to popular demand, our 2 meals for £14.95
Still in April.

Monday to Thursday 12-2 and 5-6.

Tel 01539 624 240 Website: www.crosskeysinntebaypub.co.uk

R. A. Lofthouse
Roofing Services
*Traditional and Modern
 Slating and Tiling*

Reliable and competent service in
 and around the Eden Valley

For FREE Quote contact
07557 738016 - 017683 42689
 r.a.lofthouse@outlook.com

PFK Your local
 auction experts

- Fortnightly Auctions
 - Free no obligation valuations
 - Home visits available throughout Cumbria
 - Formal probate and insurance valuations prepared
- PFK Auctioneers & Valuers
 Skirsgill Saleroom, Skirsgill, Penrith,
 CA11 0DN. T: 01768 890781
 E: info@pfkauctions.co.uk

**THE
 FLOWER SHOP**

Kirkby Stephen
 FLORIST
 017683 71028

ORDER ONLINE

www.theflowershop-kirkbystephen.co.uk

FEEL ON TOP OF THE WORLD
 WITH WINDOWS & DOORS BY...

Furness Glass

Furness Glass, Unit 8, Beezon Rd, Kendal, LA9 6BW | 01539 729858 | furnessglass.co.uk

CP Drains & CCTV

For domestic blocked drain
 clearance & CCTV drain inspection.



Please contact: Colin Prescott
 Mobile: 07747 088 535
 Tel: 01539 626 140
 Email: colinprescott66@gmail.com

Lakeland Ancestry
Ancestral Research - For You

Free Consultation
 Free Feasibility Check
 Fixed Price and Individual Requirement
 Packages Available

Please contact **Andy Fairhurst 07831 616 410**

Opening the door to your past

Tarn Farm Vets

Expanding practice,
 now open to new clients.

No Call-Out Fees

Competitive Drug Prices

Local Top Quality Vet Services

Simple and Fair Pricing Structure

Call 01931 716024 / 07734 458412

or visit our website for more details

www.tarnfarmvets.co.uk

Woolbarn, Shap, Penrith, CA10 3NB

**RUXTONS
 FUNERAL SERVICE**

SAIF, BIFD, BIE, DipFD

Incorporating the funeral business of
STAN BROCKBANK

1 Wildman St., Kendal LA9 6EN
01539 722299

24 hour service Private Chapel

Need Heating Oil?



**015242
 20500**

Order online 24/7 www.craggsenergy.co.uk

Weasdale Nurseries Ltd
 Newbiggin on Lune CA17 4LX

- 40 acres of nursery just around the corner from you
- Hedge plants, ornamental trees and conifers
- Fruit trees, native trees, shrubs and forest trees
- **Firewood** £14/barrow-bag and kindling from £3/bag delivered dry to your door in our van. We'll stack your logs for £2/bag.

015396 23246



Smith & Pulse

Bespoke Railings, Gates, Metalwork & Fabrications
 07902 356139 info@smithandpulse.com smithandpulse.com

SPAR Convenience Store Est 1892

Kirkby Stephen - tel. 01768 371353

OPEN every day (except Christmas Day)

Monday-Saturday 8am – 10.30pm

Sundays 9am – 10.30pm

Great selection of groceries, frozen foods,
 beers, wines & spirits also

National Lottery / scratchcards

Daily Newspapers / Magazines

Self-service photocopying b&w and colour

"SPAR" there when you need us most!

CUMBRIA CLASSIC COACHES

YOUR LOCAL BUS SERVICE

Tel: 015396 23254

Ravenstonedale, Cumbria CA17 4NL

CumbriaClassicCoaches.co.uk

MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.05	16.15
Kirkby Stephen	10.20	16.06
Kirkby Stephen West Station	10.30/10.35	15.53/16.00
Ravenstonedale School	10.43	15.44 Garshill
Newbiggin on Lune village hall	10.48	15.40 on A685
Junction 38, Tebay	11.00/11.15	
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.10	16.35
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

TUESDAY ROUTE 569:

Ravenstonedale to Hawes

Easter to end of October	Outward	Return
Departs Bus Depot	10.10	16.30
Ravenstonedale School	10.23	16.25
Kirkby Stephen Station	10.40	16.15
Kirkby Stephen Square	10.50	16.10
Arrives Hawes	11.50	15.10

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	Summer	Winter
Departs Bus Depot	10.10	10.10
Ravenstonedale School	10.23	10.23
Kirkby Stephen Station	10.35	10.35
Kirkby Stephen Square	10.45	10.45
Brough Clock	11.03	11.03
Middleton in Teesdale	11.45	
Barnard Castle	12.25	11.40
Barnard Castle	15.30	14.30
Brough Clock	16.05	15.05
Kirkby Stephen Square	16.15	15.15
Kirkby Stephen Station	16.22	15.22
Ravenstonedale School	16.30	15.30
Depot	16.40	15.40

eca
eden community alarms



Worried about a friend or family member?

We can provide help at the touch of a button

ECA's care alarm service can help you to feel safe in your own home and maintain your independence

Our Emergency Response Service is available

24 hours a day 365 days a year

call us on 01768 890657

email: eca.admin@btconnect.com

web: www.ecalarms.com

Eden Community Alarms,
12 St Andrews Churchyard, Penrith

Registered Charity No 1087503

Company Registration No: 4157043

Allens of Eden

No bus? Need a minibus to or from town, train station, airport or other days out?



Max 8 Passengers

Private Hire Taxi (Tebay)

Gordon Allen: 015396 24390

www.allensofeden.co.uk

Experienced, Loving Care with Peace of Mind

Home Pet Boarding and Doggie Day Care

Location close to A66
(Licenced by Council)

Please call 07486 109010

Driving Instructor

Car, trailer and minibus

Free trial lesson

Learn to drive in a week !

Vouchers available

Ian Simpson

015396 26003 -

07878 068597



A. R. MASON

Fire Security & Electrical Contractors

NICEIC approved

Fire Alarms

Security Alarms

Emergency Lighting

Portable Appliance Testing

Re-wires (Domestic, Commercial, Agricultural)

Electrical inspection and testing

Tel 015396 24078

Mobile 07879 891119

W DAWSON & SON LTD.
SEDBERGH: 015396 20210

Bulk Feed Collections

Bagged Feed

www.dawsonsofsedbergh.co.uk

Coal & Smokeless Fuels

Kiln Dried & Hardwood Logs

office@dawsonsofsedbergh.co.uk

Bronagh and Andy welcome you to

The George Hotel, Orton

015396 24071 georgehotel.orton@gmail.com

Quality Food Served Daily
A Selection of Homemade Desserts

Our winter opening hours

Monday -Thursday: *Open 4pm -11pm*
Food served 6 - 8.30

Friday, Saturday, Sunday: *Open 12 noon -11 p.m.*
Food served 12 - 2.30 and 6 - 8.30

Take Away Menu Available

Sunday Roast £10.95 Children's Menu £5.50

Sunday 31st March: Mothers Day menu

Two courses for £15.95 or Three courses for £17.95

In the Frame for

Picture framing and giclee printing

The Old Post Office, Kirkby Stephen

www.cumbria-framing.co.uk 017683 72661

open Mon-Fri 10.30 - 15.30.

Absolute Beauty

Kirkby Stephen

For all your beauty needs
including massage, facials, nails,
minx toes, ear piercing
and so much more

For appointments please call
017683 72917

Joe Sylva Eco Arboriculture

Professional tree care.
Garden Maintenance
Pesticide spraying

Hedge Laying Hedge trimming
Stump grinding Mini-digger
Woodchip firewood



Sylva — From Latin / Silva —
meaning wood
Sylvan *adj* Pertaining to or
of the tree or wood or
Woodland
Adj—Sylvatic, Sylviculture
-n— A wood god
-n— Silviculture--Forestry.
Woodland management

joesylvaeco@gmail.com 07946 421776

KL VENNING SLATERS LTD

ROOFING AND SPECIALIST LEADWORK CONTRACTOR

FOR A FREE NO OBLIGATION QUOTATION

CALL 015396 24481

Email: klvenning@klvenningslaters.co.uk

CLIVE WALLACE CGLI DipNSC

Piano Tuner & Technician

Fully qualified,
accredited and competitively priced
Tuner & Technician
covering the Eden Valley
& surrounding areas

phone: 07816 456820

e-mail: walleeece@gmail.com

PETRIE DESIGN



ARCHITECTURAL
DESIGN SERVICES
TRADITIONAL CRAFTING
& DELIVERY OF
SUSTAINABLE BUILDING
PROJECTS TO SITES
IN CUMBRIA



TEL: 01539 728458

WWW.PETRIEDESIGNLTD.CO.UK

SMART SIGNAL

Aerial & Satellite Installation & Repair
Wi-Fi & Home Network
CCTV Installation



Ben Fawcett

015242 62017 – 07950028622

smartsignal@outlook.com

Kendal and Sedbergh Osteopaths

DAPHNE JACKSON MSc (Ost) DO,

DENNIS DONNELLY DO
REGISTERED OSTEOPATHS

Mill Barn, Broad Raine, Killington, Sedbergh, CA10 5EP

For appointments please ring Kendal Practice 01539 740452

ANDREW BAWDEN

Professional

PAINTER & DECORATOR

Exterior/interior DIY
Coving, shelving etc.

Excellent refs: fully insured
TEL: 015396 24366

STOBARS HALL, CARE HOME KIRKBY STEPHEN 017683 71291

In these times of uncertainty it is good to know that a Care Home such as Stobars Hall exists to look after you or your loved ones should it be on a permanent, short stay, respite, convalescent or even on a day care basis.

Our committed team works hard to ensure that Stobars Hall offers safe and pleasant surroundings along with a relaxed atmosphere, by giving genuine care and support tailored to our Residents' specific needs, whilst offering them the opportunity to live life with dignity and pleasure.

Stobars Hall — The Home That Cares



Sparkle Gel Nails by Jackie

Mobile Nail Technician in the Ravenstonedale, Orton, Tebay, Shap, Crosby Ravensworth and surrounding area. Offering Gel Overlays,

Sculptures, Manicures, Gel Pedicures, Foot Soaks & Eye Brow

Waxing in the comfort of your own home. Day & Evening appointments available. Please phone or message

07827 915832 for more information or to book.

www.facebook.com/gelnailswithjackie

TEBAY POST OFFICE

015396 24967

MON 9 am - 1 pm—1.30 pm - 5.30 pm

WED 9 am - 1 pm—1.30 pm - 5.30 pm

FRI 9 am - 1 pm—1.30 pm - 5.00 pm

Ground Works Contractor

Foundations, bulk excavation, septic tanks, drainage and landscaping.

5 and 15 ton 360 ° excavators & 180° wheeled excavator

For a professional service

Contact: DEREK BOUSTEAD

015396 23227 07961189569



The King's Head Ravenstonedale

www.kings-head.com T: 015396 23050

Mothering Sunday 31st March

Lunch available from 12-7pm (last orders at 6.45pm)

Booking essential

*Fantastic Take away Pizza service now available
from the Kings Head*

Please ring your order through on 015396 23050

Collection only

Large orders welcome, Cooking times may vary



Mel Brown

**LADY INTERIOR PAINTER
& DECORATOR**

MOB: **0743 4174155**

TEL: 01539 626121

MARK NIELD WEALTH MANAGEMENT

WEALTH MANAGEMENT CONSULTANTS

A wealth of expertise on your doorstep

We provide an experienced wealth management service and

offer specialist advice in a wide range of areas including: • Investment planning • Retirement planning • Inheritance Tax planning

For further details contact Mark Nield

Tel: **07825 634029** mark.nield@sipp.co.uk

Website: www.marknieldwm.co.uk

Chris Boustead ~ joiner

**All joinery work undertaken
and building contractor.**



Home: 015396 23322

Mobile: 07875 505 976

Email: chris.boustead@btinternet.com



THE FAT LAMB



**Delicious home-cooked
meals, all made with
local produce**

THE FAT LAMB COUNTRY INN
CROSSBANK, RAVENSTONEDALE,
CUMBRIA, CA17 4LL

T: 015396 23242

E: ENQUIRIES@FATLAMB.CO.UK

WWW.FATLAMB.CO.UK

— LUNCH —
MONDAY - FRIDAYS
12 NOON - 2PM

SATURDAY - SUNDAY
12NOON - 6PM

— DINNER —
DAILY 6PM-9PM

PARKIN & JACKSON
MONUMENTAL SCULPTORS

**Monumental
Sculptors**

Visit our Showroom at
14 Appleby Road, Kendal, LA9 6ES
Tel.01539 722838

Email: info@parkinandjackson.co.uk
www.parkinandjackson.co.uk

New Memorials Repaints, Renovations
2nd Inscriptions Home visits available

Contact **KEVIN BATEMAN**

STONEDALE

PROPERTY MAINTENANCE

General building work
Bathrooms & kitchens
Painting, Plastering & Tiling
Damp & timber treatment

01768 353218
Mob: 07791 965359

Email stonedale@stonedale.net

MOTHERS DAY

Sunday 31st March

Roast Lunch served 12.00 – 5.00

Multi-choice three course menu £19.95 per person
(two courses £16.95)

FREE glass of prosecco or fruit punch for all pre-booked parties

Afternoon Tea served 3.00 – 6.00 (£15.50)

Glass of Prosecco or non-alcoholic fruit punch on arrival
Sandwiches Cup Cake Selection Tray Bakes Cream Cakes
Tea Bread Scones Jam and Cream

All homemade served with a bottomless pot of Yorkshire tea

Booking essential - call 015396 23242

or why not order one of our **Mothers Day Hampers £12.95**
all freshly made to order including

Cup Cake Selection Traybakes Scones Tea Bread
Fudge Lemon Curd and Yorkshire Tea

**pre-ordered only, please call 015396 23242 or 07815
298487 and ask for Ruth to discuss your selection**

THE FAT LAMB HOTEL, RAVENSTONEDALE

Dave's Handyman Services

"Border Collie Regd"

Semi skilled in all aspects of DIY
Property Maintenance
Exterior, Interior Painting
Kitchens, Bathrooms regouted
Discounts for OAPs
VAT Exempt

Tel 015396 24509

Orthopaedic Massage Orthotics

Kinesio Taping
Back/neck pain
Sciatica

Sports injuries
Shoulder, hip or knee pain...

www.reflex-om.com

07975 999373

REFLEX
orthopaedic massage

RAVEN
Graphics

SIGNMAKING BY
STEPHEN & ALISON MORRISS

BOWBER HEAD
RAVENSTONEDALE
015396 23463

www.raven-graphics.co.uk

GLYN JONES

Funeral director

24 hour personal service

Chosen Heritage Nominated
Funeral Director
12 Battlebarrow,
Appleby-in-Westmorland

Telephone:- 01768 351569

The Black Swan

Ravenstonedale



The Black Swan, Ravenstonedale, Kirkby Stephen, Cumbria, CA17 4NG.

TEL... 015396 23204 EMAIL... enquiries@blackswanhotel.com

WEBSITE... www.blackswanhotel.com TWITTER ... @BlackSwanEden

This month we are celebrating being nominated as a finalist for 'Dining pub 2019' at this year's Cumbria life food & drink awards. Our fingers are crossed for Thursday 21st when Scott & team will attend the annual event hosted by Kendal College.

Come and see what all the fuss is about. Enjoy our seasonally inspired à la carte menu in either of the bar areas or the candlelit dining room. The kitchen brigade are using lots of exciting produce to create new dishes ready for the lighter nights that are almost upon us.

We are open all day, every day, serving breakfast, coffee and cake, lunch, snacks, and dinner, including a traditional Sunday Roast.

Stay in our 4AA Gold Star rooms, many of which are dog friendly; see the addition of 3 'glamping' tents in the garden from April for the more adventurous among us. Call direct for our latest special offers and availability on all our accommodation.

J NOEL PAUL & CO

Accountants & Tax Consultants

21 Market Street, Kirkby Stephen
017683 71272

For all your

ACCOUNTANCY
PAYE, VAT,
and TAXATION requirements

Agents for the
Manchester Building Society



Eden Recycling

Skip Hire
Scrap Metal Merchants
Morris Lubricants
Asbestos Removal
Tel: 017683 72322
Mob: 07860426716

TEBAY
SERVICES

FARMSHOP 7.00am-10.45pm daily

Produce from over 70 local
Cumbrian suppliers and a fantastic
range of toys and gifts.

BUTCHERY 8.00am-6.00pm daily

Beef and lamb from our family farm
and local pork, game and poultry.

TEBAYSERVICES.COM



Keith Pratt

Building
and Roofing
Contractor

Slate repairs,
plastering, gutters cleaned and
maintained.

For a free quote call -
Mobile 07891
662567
Home 015396
23473



Mike Addison FBDO CL

OPTICIAN

Now at SHAP HEALTH CENTRE,
clinics on alternate Tuesdays. Over 60s &
under 16s receive **FREE SIGHT TEST**. Professional, friendly service by
qualified local Opticians. Excellent range
of spectacles from economy to designer.

Call **017683 53199**. The Shire Hall, The
Sands, Appleby, CA16 6XN.

Ian Hutchinson

Wood Finishing

Restoration Painter and Decorator

Restore wood & painted kitchens,
Tables, Floors, Doors, Furniture etc

Tel: 017683 71008
07966 948496

* Excellent references *

The Piano Man

Christopher Bethell

Professional tuner,
servicing and repairing
upright and grand pianos

07817 162686
chrisbethell137@gmail.com



Farm and Garden Fencing & Walling



Log splitting Service
Contact

Mike Boustead

07971 399410 /
015396 23416

J N & E Capstick

INSURANCE CONSULTANTS

A local company small enough to care,
but big enough to compete
Farm, Home and Motor Insurance

Market Square, Kirkby Stephen CA17 4QT. Tel. 017683 72285 -
36 Main Street, Sedbergh, LA10 5BP. Tel. 015396 20124
Email: sales@capstickinsurance.co.uk www.capstickinsurance.co.uk
J N & E Capstick Insurance Consultants are authorised
and regulated by the Financial Conduct Authority

CIR  **WINNER**
COMMERCIAL
INSURANCE
AWARDS 2017
BROKER CLAIMS TEAM
OF THE YEAR

Kurt Feller Joinery

All aspects of joinery and maintenance undertaken

Call or text for a free quote

Kitchens
Wooden floors
Windows

07414905112

k-feller@hotmail.com

STEVEN (WOODY) HODGSON

North West Arboricultural Services Ltd

TREE SURGERY ~ MINI DIGGER HIRE STUMP GRINDING.

Garden clearance
Mulch/woodchip supplied

Grass Cutting
Hedge Trimming.

NPTC Certificated

Public Insurance

Tel: 015396 24522

Mobile 07756 930285

Mark1

Joinery & Building Services

All joinery work undertaken

Including: kitchens, bathroom suites, tiling & general home improvements. Cobblestones Barn, Newbiggin on Lune

Phone 015396 23321
mobile 07949408018

Cumbria Stove Centre

Supply and installation of wood, coal and gas stoves

Flue and chimney lining services
Inglenook specialists
Fully qualified and experienced Hetas engineers

01539 821061 (day)

015396 25227 (evening)

SHOWROOM:

34a Main Street, Staveley, Nr Kendal



North West Event Catering

Traditional Fish & Chip Van Every Tuesday

4.30-7.0 pm

at Tebay Recycling Centre

eventcatering@hotmail.co.uk - 01539 887400

Weddings . Events . Corporate . Parties
Hog Roast . Sunday Lunch . Fish & Chips . BBQ

Richard Dinsdale General Builder

All building work undertaken

Tel 017683 42059
or 07968101211
For a free estimate

Philip Richardson

FURNITURE & TIMBER

Cabinet Makers, Timber Merchant & Sawmillers. Custom Designed and Built Furniture & Kitchens.

Kiln Dried Oak and Native Hardwoods.
Fresh Sawn Oak and Softwood Structural Beams cut to size.

Hill Top, Newbiggin-on-Lune
015396 23422

www.philiprichardson.co.uk

PFK

ESTATE AGENCY

kstephen@pfk.co.uk

Your property is our priority...

Owing to our continued success, we have high demand for properties in your area. Call today for your free valuation. Get in touch - 017683 71235

ALL ASPECTS OF STONEMASONRY UNDERTAKEN BY QUALIFIED PROFESSIONAL

Dry stone walling, stone-facing, garden work etc.
No job too large or too small.
Contact Austin 07711 253389

YOUR LOCAL TREE CARE AND LANDSCAPING SPECIALISTS, WITH OVER 20 YEARS OF EXPERIENCE IN THE INDUSTRY



01768 631771

07824 879286

WWW.NICOL.WORK

DAVID SMITH & SON LTD

Builders, damp proofing, condensation problems, timber treatment, woodworm dry rot and tanking

Contact Hans Smith

015396 24859 or 07773 444765

Domestic Appliances, Digital TV, Aerial and Dish Installation Sales, Repairs and Service. Home Networking and Wi-Fi

Kew House (Just off the A65)
INGLETON - LA6 3NU



ELECTRICAL STORE

Serving the Link area - Tel 015242 41224 / 42095

www.toobys.com

Lakeland Pest and Wildlife Services

All aspects of pest control

Fully insured and accredited

BPCA member

Mob: 07796 796586

Tel: 015396 26014

myersbg@live.co.uk

Midtown Cattery

Loving care, spacious, modern & heated accommodation. Also offering horse DIY livery opportunities with accessible bridlevays leading onto Crosby Ravensworth Fell. Tack room also included and haylage available. For more information and bookings call: Julie Fisher 01931 715246.



SHAP PENRITH CA10 3QU

Contact the Hotel for details

01931 716 628

SUNDAY CARVERY LUNCHES - 12 noon - 2.30pm

3 Course Sunday Lunch served with freshly brewed tea & coffee

Adult: £16.50 .Child: £8.50. Under 3yrs: Free of Charge

AFTERNOON TEAS - 2pm – 5.30pm daily

Standard: £12.50 per person or 2 for £20.00

Sunday 31st March: Mothers' Day Carvery

Adults - £19.50; Children 4-12: £10. Under 3: FREE

Free gift for every Lady.

For full information contact our reception team or go online and read all our information on our website and Facebook events pages - www.facebook.com/shapwellshotel



Chapman's Chimney Vac Service

THE VILLAGE SWEEP
GRAHAM MOORE
Tel: 015396 20353

Now covers
Sedbergh, Ravenstonedale,
Tebay, Orton
and Newbiggin-on-Lune

Lakes and Dales

CLEANING SERVICES

Residential and holiday homes

07495 297312

OddJob
No Odd Job Too Small



Handyman Services

Contact Adrian on:-

01539 623 495

07811 944 423

www.adrianswift.com/oddjob



Miss Flitty
Tattoo &
Piercing
Parlour

www.facebook.com/missflitty/

Penrith, CA11 7HZ

01768 210134 - 07716 551474

Steve Hopps

Property Maintenance.
Painting and Decorating.
Gardens tidied & maintained.
All types of work considered.

Tel: 07870 785322

015396 23388

Steve.hopps2@gmail.com



PAD FOR PAWS

(Holiday Home for Dogs)

Small Local Friendly Kennels

For more info please contact

01539 624726

or

07775 096514 / 07525 024514



LOWIS BROTHERS BUILDING CONTRACTORS

Harvann, Mount Pleasant, Tebay

Tel: 015396 24463 or 07940 209056

FEDERATION OF
MASTER BUILDERS
NHBC

MB Designs

Inside and outside Painting
Wallpapering • Fully insured
Quality work • Free quote & advice

01539 623239 or 07709 977 619
markbarker77@gmail.com

Contact List

(Phone area code: 015396, unless shown otherwise)

For children and young people

Orton C. of E. School:

Headteacher, Mrs. Emma Pomfret

Office: Vicky Percival: 24268

Friends of Orton School: Julie Watson, 07792 742415

Tebay Primary School:

Headteacher: Mrs. Lisa Bland

Office: Tracey Morland: 24239

Friends of Tebay School: Helen Smith: 24235

Catchment Area Secondary School:

Kirkby Stephen Grammar School: 01768 371693

For Little Children:

Tebay: "Twinkles": Pippa Smith: 24367 /
07487 776904

Orton: Tiny Hillbillies: Pat Alexander: 24303

Ravenstonedale: Biggins Nursery: Samantha
Alderson: 23670

Newbiggin Baby & Toddler group: Fi: 017683 71921

Scout Group – Scouts, Cubs, Beavers

Shap area: Jackie Wright: 01931 716490

Kirkby Stephen: Lois Wiseman: 01768 341107

Appleby Guides: Jean Truman: 07799 505723

Appleby Brownies: Alison Taylor: 01768 361241,
Kate Mulholland: 07948 201685

Appleby Rainbows: Sue Grainger: 07876 403895

Kirkby Stephen Brownies and Guides: Audrey Gray: 07889
093848

Northern Inter-Schools Christian Union (NISCU):

Ruth Evans, ruth.evans@niscu.org.uk

Families Together in Orton and Tebay: Olive Bland: 24258

Tebay Kids' Band: Pam Lawson: 26028

Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth, 24900

Upper Eden Medical Practice, Kirkby Stephen : 01768
371369 (with Surgery in Tebay)

Shap Medical Practice: 01931 716230
(with Surgery in Orton)

Vets: Kirkby Stephen: 01768 371359

Appleby: 017683 51507

Shap: 01931 716024

Adult groups

Archaeological Society: Jan Hicks: 01931 714122

Arts Society, Appleby: Val Gornell: 24123

Badminton: Paula Coward: 24225

Band: Appleby Band: Chris Jenkin: 24410

Bell Ringers: Julian Thorpe: 24166

Bingo: Jillian Hewitt: 01931 715000

Book Club: Sally Seed: 24907

Bowls at Newbiggin: Stephen Dickinson: 07766 833500

Combined Churches Choir: Chris Jenkin: 24410

Community Choir: Alison Mott: Alison@mott.me.uk

Concerts:

Appleby: North Westmorland Arts: 017684 83777

Kendal: contact@lakelandsinfonia.org.uk

First Responders: Steve Dunkinson: 24286

Folk Dance Club: Chris Bland: 24258

Greenholme Show: Keith Golding: 01931 715446

Heating Oil Syndicate: Chris Jenkin: 24410

Howgill Harriers Running Club:

Admin@howgillharriers.co.uk

Local History Societies:

Orton and Tebay: Mary Jenkin: 24410

Ravenstonedale: Val Fermer: 07798 688057

Lunch Clubs:

At the George Hotel, Orton: Bronagh: 24071

At Lune Springs, Newbiggin-on-Lune: Sally Cannon:
23230

At Old School Tea Room, Tebay: Bernard Thornborrow:
24272

Men's Meeting, Newbiggin: Jonny Capstick: 23141

Orchestra: Cobweb Orchestra: Richard Best: 23470

Quiz Team, Orton: Sally Seed: 24907

Sew and Sews, Orton: Gillian: 23653

Sewing and knitting group, Newbiggin-on-Lune:

Ann Wappett: 23565

Women's Groups:

Orton: Pat Alexander: 24303

Lune Ladies: Carole Clayton: 23226

Women's Institute: Jackie Huck: 24266

Mothers' Union: Angela Milburn: 24382