

The Link

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay



September 2022

The Link

Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We still need help — do think about volunteering if you can. Email us or use the QR code below to tell us how you might help. If you're not sure, we can find you a job!



TheLinkMagazine@outlook.com

Do get in touch with any comments or questions you may have and one of us will answer:

Many thanks ,

David, Martin, Paula.

Views expressed in 'The Link'
are not necessarily those of
the publishers or editors.

Front page photo by
Martin Lawson —
View near Smardale

This issue marks the end of summer, and the start of autumn — as children return to school, the evenings start to draw in, and the days start to feel chilly.

Lots of us will mourn the longer, lighter, warmer evenings of summer, and the chance to see neighbours and friends out and about.

However, there are lots of events to look forward to in the months to come: a village auction in Newbiggin-on-Lune, an Autumn Masquerade planned in Ravenstonedale, a fund-raising fell race in Orton, and a Great Big Green Sleepover with musical

creativity promised in Tebay. There's even news on how to save on your oil bill!

There's opportunity as well to give thanks for the past season through Harvest Festivals and to heed the Rev. Stephen's encouragement opposite to actively choose to demonstrate love to our neighbours.

As the nights get longer and the days get shorter, let's continue to take the opportunities that present themselves to look out for one another, and to support all those individuals and events that together build our community.

Paula, Martin & David

'Tis autumn in our northern land.
The summer walks a queen no more;
Her sceptre drops from out her hand;
Her strength is spent, her passion o'er.
On lake and stream, on field and town,
The placid sun smiles calmly down.

Ellen P Allerton



Do please use businesses that advertise in *The Link* — and mention **where you saw the advert**. We're funded by advertisers, and we have advertisers leaving because they never hear from readers, so do please encourage them with your trade, mention the Link, and make suggestions as to who else should be advertising with us!



Open Farm Sunday at
High Chapel Farm, Orton

THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy including advertising to: TheLinkMagazine@outlook.com

Payment for advertising: Linda Garrick, 015396 24262

We hope to give village addresses for dropping off copy, or phoning in, as we develop local links

All you need is love...

When Jesus was asked, "Which is the greatest commandment?", He replied "Love the Lord your God with all your heart and with all your soul and with all your mind... and the second is like it: Love your neighbour as yourself." ([Matthew 22 v 37 – 39](#))

It seems rather strange to be 'commanded' to love, since love is a 'voluntary response of the heart', so how can God command us to love Him? Maybe it's not just a command but also a promise. Maybe, it is possible that for each of us, as we enter that place of Grace, we are enabled to love the Lord our God with everything that makes us who we are – our heart, soul and mind.

Our love for God, however, is unlike His love for us – ours is a responsive love – "We love because He first loved us" ([1 John 4 v 19](#)).

So, take a moment to be quiet... to lay aside any concerns... our busyness and plans of the day... and focus on the love that God has for us... "Be still and know that I am God" ([Psalm 46v10](#)).

We see the love of God that reached down to us in Jesus, who revealed to us what God is truly like. In the teaching and examples of Jesus we hear the voice of God, in His touch we feel the hand of God and in His sacrifice on the cross, we see the ultimate cost of that love. "God commends His love for us in this, that while we were yet still sinners, Christ died for us" ([Romans 5v8](#)).

His Spirit challenges and enables us, despite all we have done, been and thought, God has not washed His hands of us – instead He washes our feet!

God has been with us up to this point in our lives, and to each of us, He has promised eternity in Christ Jesus – safe for ever. Behold the amazing love and grace of God for us!

As we begin to grasp the wonder of God's love for us, we recall the second commandment of Jesus, which is perhaps, simply the outcome of, first of all, loving God; "You shall love your neighbour as yourself" – the calling to share God's love with those we meet, and in so doing, to be part of the demonstration of the love we have found in Jesus.

How to love our neighbour, this autumn, brings perhaps the most challenging time this country has faced in many years, maybe since the war – a combination of events, leading to a cost of living crisis, a need for unity and integrity in government and leadership. We

give thanks for the example of faith and service of HM the Queen, a model in our times of the "Servant Queen", following in the footsteps of Jesus, the "Servant King", and we need to pray for all our leaders to follow Christ's example of self-giving love and service.

So, as we head into September, let's remember that our neighbours and villages need to see and experience that love that will not let us go, which was expressed in the life of Jesus, lived out in our lives and communities.

I believe God calls us to be rooted in Jesus's love, to be channels of the living water, revealing the compassion and care we can receive from God.

Prayer

Jesus, we offer our hearts, souls and minds to You, Lord God, our deliverer.

Weave us together into the perfect purposes of Your will and lead us to Your hope for tomorrow – seeking the challenges and opportunities this will bring. We offer to God the situations in our families, our communities and our churches, for individuals and nations. We offer to God those in need, who are on our hearts, maybe out of sight but not our love.

Lord take what we offer and shape us into the people You long us to be.

*In Jesus name,
Amen.*

Rev. Stephen Radford
Methodist Superintendent

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Can't find what you want?

Let us know and we'll see if we can find ways to change — we know people want more photos and more local news — you can help with that! Do please send us your updates.

Newbiggin-on-Lune Village News & Events

Lune Ladies

Wednesday 7th September, 7.30pm

Newbiggin-on-Lune

Speaker: Jim Wardrope

Would be great to have you join us!



Newbiggin-on-Lune Public Hall

Chair Ian Clayton 015396 23226

Secretary Jim Wardrope 015396 23288

Treasurer Carl McLaughlin 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker Anne Brownrigg 015396 23594

All bookings should be made with the Caretaker

All payments should be made with the Treasurer

Facebook:

<https://en-gb.facebook.com/NonLPublicHall>

Indoor Bowls

Come and join us!

Friday night is Indoor Bowls night
at Newbiggin-on-Lune

Starts at 7.30pm
costs £2, (first night free)
you don't need a partner, just turn up.

More information from 07880 706485
- see you there!

MacMillan Cancer Support

Coffee Morning

Newbiggin on Lune Public Hall

Friday 30th September

10.30 to 12.00

All Proceeds will go to MacMillan

!! TAKE AWAY CAKES AVAILABLE !!

Bookswap

Book cabinet outside Public Hall



Exchange a book
or make a donation
towards Public Hall funds

VILLAGE AUCTION

Newbiggin-on-Lune Public Hall

November date to be confirmed

SAVE YOUR STUFF

DONATIONS WELCOME

SMALL HOUSEHOLD ITEMS, TOYS,
BOOKS, BRIC A BRAC, TOOLS

We are unable to accept
electrical items.

70 years in 70 minutes

St Oswald's is so lucky to have The Vagabonds, and The Vagabonds are so lucky to have St Oswald's. With pews raked and facing the aisle, it makes a perfect performance space. Not a bad seat in the house.

Joan Barnard has taken advantage of this space and written clever scripts over the years, casting whoever was available to perform and thankfully, raising money to make improvements, such as heating and toilets. Vagabonds are now hoping to fund improvements to the lighting.

The scripts began in **the 50's** with the newsreader announcing the death of King George VI and the Coronation of a young Queen, 'who wasn't going to be around in 70 years' said one of the 'ladies of the village' and Edmund Hillary who had conquered Everest on the same day.

And so it went on — Roger Bannister and the 4 minute mile, Premium Bonds, Windscale, Bikini's, Elvis and Rock & Roll (which Old Spice performed - even though it was before their time)

It went on to **the 60's** with Yuri Gagarin in Space, the shooting of President Kennedy, Mini skirts, Twiggy, Great Train Robbery, Sound of Music, World Cup, David Attenborough, Coronation Street, Cliff Richard and Summer Holiday and then Puppet on a string, performed by the Old Spice Girls with the puppeteer in the pulpit.

On to the **70's** and the Moon Landing and the first human heart transplant, Francis Chichester sailing around the world single handed in Gypsy Moth and the Open University being created.

Women's Lib became fashionable with women burning their bras and Angela Rippon became the first female newsreader.

The 'Gentleman of the village' became Compo and friends from Last of the Summer Wine, discussing football. "Thankfully" they concluded, it was 'not for women'. The goalie would be frightened of breaking a nail, no 'heading' because they wouldn't want to mess up their hair, and they'd never be ready on time anyway. Nora Batty then chased them off and joined Old Spice as the fifth Spice Girl for 'Staying Alive', a moment anyone who was there will never forget!

And then **the 80's** - John Lennon shooting, Prince Charles married Lady Diana Spencer, and the Falkland's War.

Torvill & Dean's won Gold in the Ice Dancing at the Sarajevo Olympics and Eddie The Eagle came last in the Ski Jump at Calgary.

Then there was the fall of The Berlin Wall.

The 90's saw Nelson Mandela elected President of South Africa and the death of Diana, Princess of Wales.

Technology arrived in most peoples lives with Hotmail, Google, video phones and many people had computers.

There was much discussion on the Millennium Celebrations but Betty, one of the 'ladies' was staying home. She wasn't risking catching the Millennium Bug, even though she didn't have a computer!

The 2000's began quite badly, especially locally with Foot & Mouth.

It was followed by the collapse of the Twin Towers in New York and the outbreak of the Iraq War but there was good news when England won the World Rugby Cup.

Well, that's about half of what Joan managed to fit into 70 minutes.

Mention must also be made of Tim and Nick with the music cues. Apart from one heart stopping hitch at the beginning of the second performance everything was spot on. Even that was soon sorted by an impromptu 'Rock Around the Clock' by 'the ladies'.

As the cast of 14 and production team spread out in front of us for the finale, we were reminded that they were all local, except one of the Old Spice who lives locally part time.

I think we now 'own' the Old Spice Girls who performed about 20 numbers. I've never seen talent and enthusiasm like that, either in professional or amateur theatre.

Community theatre at its best -
by the community, for the community.

Kathy Trimmer



The Vagabonds

return to
St Oswald's Ravenstonedale
with a brand new show on
Friday 18th & Saturday 19th
NOVEMBER
put the date in your diary now
- you won't want to miss it!

RAVENSTONEDALE PARISH HISTORY GROUP ARCHIVES

Come along on Thursdays 2.00pm – 4.00pm
to High Chapel Community & Heritage Centre
(other times by arrangement)

If you are researching your family tree, we have
Transcribed Parish Registers from 1650 – 1826
old school photos with pupils named
plus other old photos

& if you are interested in the history of your house,
we have Sales Prospectuses for farms etc
from at least 1879

Original OS map from 1859 & other old maps,
showing many properties

Official Returns not available on-line for 1780, 1856,
1867, 1869, 1871, 1878 & 1879 showing occupiers
and owners of properties in the parish

Changing display of copies of local photos
AND MUCH MUCH MORE!

For more information: Contact Val Fermer
on 07798 688057 or post a comment at
www.ravenstonedalehistory.org.uk

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 21ST SEPTEMBER 2022

7.30 PM

Ravenstonedale High Chapel Community & Heritage Centre

LAKELAND DIALECT AND ITS ORIGINS

WITH

Jean Scott-Smith

Secretary of the Lakeland Dialect Society

Admission: Members £2.00 Non Members £3.00

including refreshments

For more information contact Val Ferner on 07798 688057
or e-mail history@ravenstonedale.org

highlights
rural touring scheme

Returns to

Orton Market Hall

The Autumn/Winter season starts in November

Watch out in **theLink** for full details,
times and tickets in the following
month's editions

...Coming events...

Thursday 3rd November

The Head Gardener

Friday 2nd December

Remi Harris

www.ticketsource.co.uk

Tel: 01539 624856 or Email: cfox5858@gmail.com

Platinum Jubilee Tree

Fran was unable to attend the Platinum Jubilee Tree Planting with her neighbours in Fell End. We have now had a sign made for it and we asked Fran if she would bless our tree and she read this prayer which was so appropriate.

God of Wonder, as we gather together
to bless the earth and celebrate the potential
of the tree before us, we pray that
it may serve as a living witness
to our commitment to heal our common home
through long-lasting, bold changes.
Grant us the courage to continue to
take this stand for the sake of
the goodness of your creation,
and the inspiration and delight it provides us.
Through Christ, your Son, our Lord:

*The trees of the LORD are well watered,
the cedars of Lebanon that he planted.
There the birds make their nests;
the stork has its home in the junipers.*

Creator Spirit, bless this soil and the nutrients it holds.
May the life teeming within it spring forth.
We honour your cyclical creation, Oh God,
and pray for the humility to revere and respect
this soil for the nourishment it provides.
In the name of the Father, and of the Son,
and of the Holy Spirit.

At the same time we placed a sign on the Silver Jubilee tree just across the road which is still doing very well after 45 years.

Interestingly, Henry Tunstall, the youngest resident in Fell End who helped plant the tree with the oldest resident, is the Great Grandson of Harry Tunstall who planted the Silver Jubilee Tree.



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Ravenstonedale Folk Dance Group.

Our autumn season will start on
Thursday 8th October at 7.45pm to 10pm

We meet at Newbiggin-on-Lune Village Hall

Dancing is "good exercise for the body, good to
keep our brains active & alert & a pleasant way to
meet new people."

All dances are walked through first by a caller

No partner required but couples also welcomed

New members and visitors always welcome.

If you are interested but would like to know more,
please ring Chris on 015396 24258.

Broad bean guacamole

If you see, or harvest, broad beans and aren't sure what to do with them, try out this low food mile no-avocado "guacamole"

- 500g broad beans
- 1/2 red onion
- 2 cloves garlic
- Large handful fresh herbs (parsley or coriander)
- 1 lime (or lemon)
- 2 tbsps olive oil
- Chilli flakes (optional)
- Small handful cherry tomatoes (optional)
- Salt to taste

1. Pod the broad beans, and optionally remove the outer shells (we'll be blending everything up anyway, so if you have a limited amount of broad beans, I recommend leaving the outer shells on - and to reduce waste!).

2. Blanch the broad beans in boiling water for 3-5 minutes, then rinse in cold water. We want them cooked, but to retain their colour and flavour.

3. In a food processor, blend together all the ingredients to form a smooth paste, adding more olive oil and a splash of water until you achieve a smooth consistency. Season to taste and serve with a sprinkle of sumac or paprika and more fresh herbs.

4. Enjoy as a dip, or spread on toast for a delicious, healthy brunch!

Recipe suggestion from Abbi @ [Vista Veg](#)



Members of North Yorkshire Trail Riders Fellowship led by Rights of Way Officer Leo Crone presented a cheque for £2,500 to National Park Authority Area Manager Matt Neale.

The Trail Riders Fellowship (TRF) has a code of conduct for drivers recommending a maximum speed of 25mph, slowing down for walkers, stopping for horse riders, and limiting group size to help reduce the impact. The group has made several donations to the National Park Authority during the past ten years. The money is used to maintain the surfaces of green lanes in the National Park, such as those classed as 'byways open to all traffic'.

AUTUMN MASQUERADE

Saturday, 15th October, 2022
7:00 for 7:45pm

Ravenstonedale Community & Heritage Centre

WELCOME DRINK DINNER

Autumn Vegetable Soup with Crusty Bread
Crisp Pork Belly, Cheese and Leek Potato, buttered Cabbage.

Baked Salmon, lemon & parsley, Basil crushed potatoes, buttered Greens
Tian of Mediterranean vegetables, Smoked Garlic Oil, Tomato Ragu.

Baked Vanilla Cheesecake, Mulled spiced berries, Lemon Tart, meringue and fresh Raspberries

DRINKS & DANCING

Last orders 11:30pm

Tickets £32.50

To book:

asquith_anne@hotmail.com (preferred)
or 07974 151390

Tables can be reserved for group bookings of eight.
Numbers strictly limited.
Book early and no later than 30th September
All proceeds to Ravenstonedale Community and Heritage Centre

THE ARTS SOCIETY APPLEBY IN WESTMORLAND



The Subtle Science and Exact Art of Colour in Garden Design

By Timothy Walker

Lecture given at Appleby Market Hall
11am on Wednesday 14 September 2022

Members are free, Visitors £8

Find out more about our organisation
and view our programme at

taswestmorland.org.uk

next market

Saturday 10th September

Leanne | Market Coordinator
07969 335598 — info@ortonfarmers.co.uk
www.ortonfarmers.co.uk

ORTON
FARMERS' MARKET
held 2nd Saturday of every month

All Saints Coffee Morning
at the Farmers Market
in July raised a total of £550
and in August raised a total of £449

Many thanks to all who came and drank tea or
coffee, or bought bric-a-brac
— and of course, to all our helpers
who made it possible.



Full-Time Nursery Places Available

Did you know that Orton CE Primary School can offer
Part-Time, Flexible or Full-Time Nursery Places for
children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm
Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting
where experienced staff work hard to meet the needs of
each individual child.

We accept Nursery vouchers and can support you
with applying for any Nursery funding
that you may be entitled to.

If you would like to find out more or arrange a visit
please get in touch with either Vicky or Emma
at the school on 015396 24268

email - head@orton.cumbria.sch.uk
<https://www.ortoncofeprimary.co.uk>

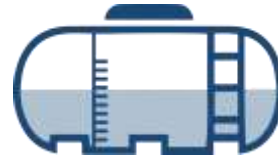
Orton CE School is a
happy place to learn, grow and thrive.

Orton and District Heating Oil Syndicate

You may have seen on the back page of The Link
(headed "Useful Contacts") the heating oil
syndicate, with my name and phone number.

I can't remember how many years ago it was – at
least ten – that I heard on the Radio 4 Today
Programme an item about an oil syndicate in the
Newmarket area, which saved its members up to
£100 a year in heating costs. I followed it up, and
phoned the man who ran it; and that conversation
led to my setting up a similar arrangement in our
area.

The principle behind it is that it benefits the oil
companies if they can have a large order from a
number of properties, rather than several individual
orders; and so they will try to beat a quotation from
rival companies.



The way it works is this:

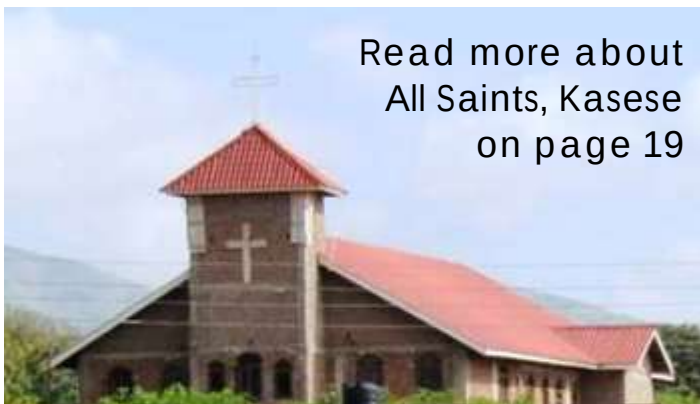
- Someone emails (or phones) me to say they
are getting short of oil and tells me how much
they need.
- I then email round the whole Syndicate
(currently 95 members), asking anyone else
needing oil to email me within (say) 48 hours
with the quantity needed (minimum – 500
litres).
- When I have received all the requests I ring
round the oil companies, asking for a quote for
X thousand litres to be delivered to Y
addresses; I pick the best quote (sometimes
after beating them down), and place the
order. I tell them the details of each house;
they will probably phone any addresses to
whom they have not delivered oil before to
arrange payment methods.
- I email (and phone anyone not on email)
those who have ordered, to tell them when it is
likely to be delivered, and by whom, and at
what price.
- Each household pays the oil company; the first
time you order from a particular company, the
company will phone the customer to set up an
account.
- Small tanker: some addresses have narrow
access and require a small tanker – not all the
oil companies have such a vehicle, so I have
to know, when you order, whether you need
the small tanker – this does limit the number of
companies I get quotes from.

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Annual Fee:

Since the saving made by ordering through the Syndicate, rather than individually to a company like Askham Oils, has ranged from 4p to 12p a litre each time (e.g. for 500 litres, a saving of between £20 and £60), I charge an annual fee of £10 for Syndicate membership.

I use this money to support our causes in Uganda – the link church of All Saints, Orton, which is All Saints, Kasese, help for two Ugandan clergy whom we know, and sometimes other charitable causes.



Read more about
All Saints, Kasese
on page 19

Payment of the membership fee should come to us online, or in cash, or cheque payable to CC and MP Jenkin (you will just have to trust us to put it in the right place!). Contact me for further information, including bank details!

We all are very aware that prices have rocketed in recent months; so it is all the more important to save money if we can!

Christopher Jenkin
Beckside, Orton, CA10 3RX.
Tel: 015396 24410.
ccjenkin81@gmail.com



Friends of Orton School Autumn Fell Race

Saturday 24th September 2022

After 2 years our Annual Fell Race returns this year!

As usual please expect extra traffic and parking round the village and runners on Chapel Beck.

Fell races starting from Orton CE Primary School

Junior races at 1pm (1 and 2 miles)

Senior race at 2pm (10km)

Entry forms available from:

Simon Mounsey 07814604419 / smounsey7@gmail.com
Orton School 015396 24268 / amin@orton.cumbria.sch.uk

Entries on the day available

<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a
happy place to learn, grow and thrive.



Free Stay and Play Sessions

We are excited to let you know that we are starting Stay and Play Sessions after the Easter Break.

Our Stay and Play sessions are open to all parents / carers and their children from birth to pre-school.

The more the merrier!

These will be on Tuesday's from 9.30am—11.30am.

The first session will be on 26th April 2022

Refreshments will be provided.

Booking not required and there is no charge.

All welcome.

If you would like to find out more please get in touch the school office on 015396 24268
email - admin@orton.cumbria.sch.uk
<https://www.ortoncofeprimary.co.uk/>

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Orton C of E Primary School "Open Morning"

Wednesday 5th October 2022

9am – 11.30am



Come and join us for a coffee and spend some time in each class.

See our school in action and meet the children and staff!

All Welcome, especially families of any prospective Nursery or Reception children.

Orton CE School is a
happy place to learn, grow and thrive.

Bog in a box

A plant-rich square metre of peatland has been placed at the centre of the Dales Countryside Museum in Hawes.



The 'bog in a box' installation in the museum's circular-shaped exhibition hall illustrates how peat restoration has become the urgent conservation priority in the Yorkshire Dales National Park in light of the 'climate and nature emergency'.

Surrounding the bog in a box are visual arts, music, poetry and film created by local people inspired by Dales peatlands.

Peat cutting tools drawn from the museum's permanent collection, as well as photographs loaned by the Heseltine family of Kettlewell showing historical peat extraction, have also been put on display.

The special exhibition has been put together by Yorkshire Peat Partnership and is billed 'Give Peat a Chance'. It opened on Friday 15 July and will run until 10 October.

Tim Thom, who set up Yorkshire Peat Partnership when working at the Yorkshire Dales National Park Authority in 2009, urged people to visit during a speech opening the exhibition.

He said: "I would like to welcome people to this fantastic exhibition about peatlands. It's our first exhibition and I can't quite believe it's here. It's a celebration of years and years of work of peatland restoration. Everybody has been drawn to the bog in a box, which is remarkable to look at, and very, very talented people have contributed music, artwork and poetry."

Kevin Frea, who is Member Champion for Cultural Heritage at the Yorkshire Dales National Park Authority, which runs the Dales Countryside Museum, said: "The serious side of this exhibition is about learning about the vital work Yorkshire Peat Partnership is doing to restore peat bogs. The sad fact is that despite the partnership's work in the past decade, peatland in the National Park is degrading, adding carbon dioxide to the atmosphere rather than absorbing it as it should."

BOCCIA

IN ORTON MARKET HALL

Not only for para-Olympians,
but a fun game for everyone!



Sessions are on alternate Thursday afternoons
from 1.30pm to 3pm

September 1st, 15th, 29th
October 13th, 27th
November 10th, 24th,
December 8th

For more details please contact Felicity Lawler
Email:- fglawler@gmail.com

News from rton School

Class 4 Residential 2022

Isle of Man



On Monday we went to Heysham ferry port and got on the ferry to Douglas port in the Isle of Man. We got to go on the top balcony it was nice and sunny but windy. We went on a bus to the Venture Centre and had our tea (it was delicious), got changed and went to a forest to play a very competitive game of man hunt. The best places to hide were the thorniest. Annabelle got star of the day for hiding in the most extreme spot (a thorn bush). Then we finished our hot chocolates and had showers and tried to get to sleep (it was unsuccessful).



On Tuesday we went to go and do axe throwing and then went to the lake and we did: canoeing, kayaking and paddle board fun if you wanted to.

Then we got back to the Centre and went to bed.

On Friday we went back to Douglas port and boarded the ferry to Heysham only one person threw up then we went on a bus to McDonalds and went back to school and went home early. *Ella*

On day 3 we did high rope and the assault course it was very muddy in the assault course

The high rope was so scary I got off and two other got off too.

Day 4 Gorge walking, abseiling and then the beach. It was so hot every day

The gorge walking was so fun and the abseiling was scary when you were up a 50 metre tree but it was fun

The beach was so funny we play football in the sea and the girls swam really deep. *Finn*



Follow us on

<https://www.facebook.com/OrtonCEPrimarySchool>



Keep up to date on our website

www.ortoncofeprimary.co.uk



**The Square,
Orton, CA10 3RX
015396 24225**

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 2 pm

Opening Hours – Post Office

(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive – see separate entry for Tebay Post Office opening hours, below)

		Last Collection
Tuesday	9 am to 5 pm	3:45 pm
Thursday	9 am to 5 pm	3:45 pm
Saturday	9 am to 4 pm	11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Additional information:

Opening Hours – Tebay Post Office (015396 24967)

Monday	9 am to 1 pm and 1:30 pm to 5:30 pm
Wednesday	9 am to 1 pm and 1:30 pm to 5:30 pm
Friday	9 am to 1 pm and 1:30 pm to 5 pm

This means there is access to an open Post Office six days a week.

K Shoes Male Voice Choir

Concert

All Saints' Church, Orton

Friday 28th October, 7.30 p.m.

£8.00 per adult, including light refreshments

R A F F L E

Further details in October Link.

Harvest Thanksgiving Orton Methodist Chapel

Sunday, 25th September
10.30am - All Age Harvest Service

Led by Mrs Carolyn Dickinson

Lunch for everyone following the service

*All gifts of non-perishable produce will be
given to the Upper Eden Food Bank*

A warm welcome to all



Summer Update

As many of you will know, the way in which farm incomes are subsidized will change drastically over the next few years. The Orton Fell Farm Cluster is an independent farmer led group and a Community Interest Company (CIC) which formed in May 2020. At the start of this year we received funding from the Farming in Protected Landscapes scheme through Yorkshire Dales National Park. This has allowed the group to hold more regular meetings, employ a part time facilitator and pay for specialist advisors and events with our local schools and communities.

Quote from our member Jim Beary on farming over the last few months in this unprecedented heat:

"It's been a reality check of what's likely to be ahead of us with Climate Change, and reaffirmed my position regarding the necessity for a more resilient farming system".

One of our goals for the end of 2022 is to come up with a Local Nature Recovery plan, this means that our members are working together to see how we can create contiguous habitat across the local area or "wildlife corridors" alongside our farming businesses. These local nature improvements can be examples such as joining up hedge habitats between neighbouring farms, tree planting that join up existing woodland, fencing off watercourses that run through multiple farms to create great river habitat. We are working with an ecologist and farming advisor to map these areas.

Farming is having to adapt very quickly to changes in our climate and industry. Government schemes and subsidization are fundamentally changing and in future farmers will receive "public money for public goods" rather than being rewarded for productivity. As you can imagine, making farm business decisions years in advance is challenging in any environment but particularly currently. But we are confident that working together to farm alongside nature is the right way forwards.

Summer has been a busy time in the farming calendar. Our members have welcomed other farming groups from elsewhere in the north, appeared in farming press, opened their gates for LEAF's Open Farm Sunday,



The Link — your local church & community magazine

welcomed chefs to their farms to learn about sustainable farming practices, run school visits, attended Orton Farmers Market and hosted members of the national Farming in a Protected Landscape team so they could see the results of their funding first-hand.

In May the Cluster welcomed Andrew Sincock from Agriton to learn how to treat our farmyard manure more efficiently. Changing the way we treat our FYM limits emissions and adds value to the final product.

We have continued our work and taken part in workshops with soil researchers funded by the Soil Association to learn more about soil and grassland management looking at soil tests taken earlier in the year as well as how to use equipment to measure grass growth.

We'd love to hear from you or see you on our farms so please do get in touch. We are hoping to run some events this Autumn so do visit our website for more details www.ortonfellsfarmcluster.co.uk, follow us on twitter [@FellsOrton](https://twitter.com/FellsOrton) or get in touch direct jemma@luneriverstrust.org.uk



Brass, Trains and Drums in the Westmorland Dales

All brass players and drummers and their families are warmly invited to Stainmore Railway Company in Kirkby Stephen on Saturday 24th September from 2pm - 4 pm as part of a project celebrating our Railway Heritage through music.



Please come along to a workshop and get involved in making music with brass and drums, take a ride on a steam train and join our celebration picnic on the platform. Instruments provided or bring your own instrument. Visit the Westmorland Dales website to book your place.

This project has been led by Blue Jam, Drum and Brass who would like to thank Kirkby Stephen Silver Band and Training Band, Appleby Town Band and Melody Makers for creating fabulous music!

Send us your contributions — TheLinkMagazine@outlook.com

ORTON CHURCH HARVEST SUPPER

After an absence of 2 years due to Covid, plans are in hand to hold this event on Monday 3rd October in the Market Hall.

Full details have not yet been finalised so please put the date in your diary and look out for more details on notice boards.



We hope to see you there. It will be an ideal opportunity to continue the process of "getting back to normal"



INVITATION

Come and join us at our informal

"Café Church" service

at All Saints' Church, Orton, on

Sunday 18th September

10.30 a.m.

Starting with

Coffee & Cake,

then a brief shared worship time,
followed by an informal time of
discussion with friends



Multi Award Winning

Fish & Chips

Served every Thursday 16:30 – 19:00

At Tebay Recycling Centre

Order via our app, or website or at the van! "Shappy Wheels"

UK TOP 10 Mobile Fish & Chips on your doorstep!

FTY MAGAZINE Awards 2020/21

10

Did you know?



- Nursery places available – April, September 2022 and January 2023
- Government funding is available for the term following their 3rd birthday – free 15 hours per week.
- Ability to pay for more hours if needed
- Half and full day sessions available.
- We offer 30 hour's provision for those eligible.
- Varied activities following the EYFS curriculum
- Small class sizes; all needs are catered for.
- Fully qualified staff.
- Extensive outdoor learning.



We would be happy to show you around (COVID safe) and discuss your child's individual needs

For more details or to arrange a visit contact Tracy Morland on 015396 24239 or email admin@tebay.cumbria.sch.uk



Tebay & Orton WI

It's been a busy few months for our WI, in this the 80th year of Tebay's foundation in June 1942.

During the Jubilee Weekend, we helped by serving refreshments at Tebay Sports. On the Sunday, we helped to organise the Street Party outside Orton Market Hall. It was a very happy occasion as many families and friends gathered together. Everyone brought their own food, but the WI kept them well supplied with drinks throughout the afternoon.

On the 15th June, our 80th birthday, we went by coach to Coniston. Their WI had invited us and members of Crosby Ravensworth & Maulds Meaburn. We were treated to a sail on The Gondola and later a delicious buffet at their Institute, with even a birthday cake. It was a perfect way to celebrate this special event, and even the sun shone all day. Coniston WI will be paying a return visit to us in September.

Felicity Lawler, Molly Ingham and Pauline Turner took part in The Festival of Boccia at Kirkby Stephen Grammar School, on 21st of May, and Jackie Huck put up an exhibit '80 Years of Tebay & Orton WI' at Greenholme Show.

Ann Mooney sent, on behalf of the Institute, a beautiful handmade card to The Queen for her birthday in April, and was delighted to receive a thank you letter from Windsor Castle.

Sarah Middleton and Lin Stretton were our speakers for the July meeting. They gave a delightful presentation about undertaking the 'Coast to Coast' walk. They did this between 2020 and 2021, in a number of manageable stages and said that it was both an enjoyable and challenging experience.

Plans are now in hand for our entries for the County Show in September, where we will be entering two co-operative classes, and also making individual entries.

Our September meeting will be on:

Wednesday 21st, at 7pm Tebay Club.

An excellent speaker has been booked Mr. Maurice Steele, who will speak on 'Lakeland Allsorts'. This will be an open meeting so come along and join us, tea, coffee and 'WI cakes' will be available.

Remember there's something for everyone in the WI, the largest Women's Organisation in the Country.

theWI
INSPIRING WOMEN

TEBAY PRIMARY SCHOOL EXTRA!

Farewell to Mrs Hall

After 26 years of dedication to Tebay Primary School, we said a farewell to Mrs Sharon Hall on Thursday 21st July. Parents, friends of the school and passed colleagues joined us for afternoon tea. Mrs Hall was presented with gifts and flowers...

Good luck Mrs Hall in your retirement,
we are all going to miss you xx



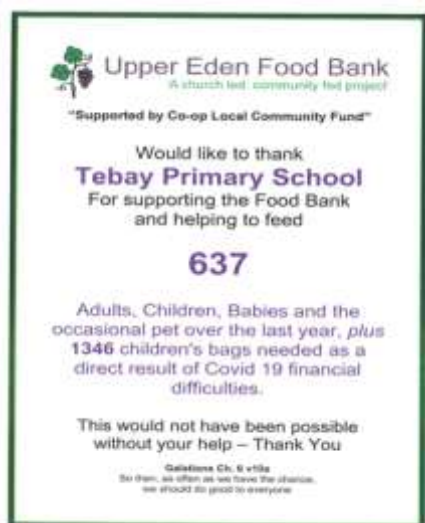
Thank you

To all of you who have supported the school over the 2021-22 academic year!

Upper Eden Food Bank

Tebay Primary School will continue to support Upper Eden Food Bank in the 2022-23 academic year, the bin will once again be outside school during school hours on a Tuesday (starting Tues 13th Sept).

Have thank you to everyone who has contributed.



Residential to Liverpool

The children from Year 4, 5 and 6 left for Liverpool at 8am accompanied by Mrs Wright and Miss Jameson. On arrival at Liverpool they travelled along the Mersey by ferry, visited the World Museum and the Beatles Story Museum, after dinner at the hostel they went to the Empire Theatre to watch 'School of Rock'. After breakfast on Thursday morning, they travelled to Chester Zoo for the day, returning to school for just before 5pm.



Mrs Wright said:

'The children's behaviour was exemplary, they listened well to instructions whilst in a big city, engaged in all the activities, they were a credit to Tebay School, parents should be very proud.'

Peter Rabbit and Friends

Nursery, Reception, Year 1, 2 and 3 children visited Appleby Castle to see an outdoor theatre performance of 'Peter Rabbit and Friends'.



'Children were a credit to the school, what good listening and sitting. Knowing the story well they followed the play with great excitement'.

TAG Rugby festival

The Year 5 and 6 children represented the school at a TAG rugby festival at Settlebeck High School. The team WON their section, showing great sportsmanship and excellent behaviour... well done TEAM TEBAY!

Visit to Ullswater Community College

The Year 5 and 6 children were invited to Ullswater Community College on Tuesday 28th June. They took part in Science and Art lessons and got the feel of how a secondary school works.

They travelled by coach (kindly paid for by Ullswater Community College) with children from Shap and Orton Schools.

A teacher from one of the other schools said our children were a pleasure to work with and a real credit to the school.... well done all.

School places

Tebay Primary School has places for children in Nursery for September 2022, January and April 2023. We can offer COVID secure school visit's for potential new starters contact 015396 24239 or email admin@tebay.cumbria.sch.uk to arrange a visit.

Do visit us:

In person — by arrangement with the school

Online: www.tebay.cumbria.sch.uk

On FB: facebook.com/TebayPrimarySchool

On Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator.

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239





Cobweb Orchestra, Tebay

Conducted by Roland Fudge, we meet in Tebay Methodist Church Hall, every Tuesday at 7.30pm during term time. Come and join us - we don't do auditions!

So, if you have ever played an orchestral instrument, or would like to play a different instrument, we have an instrument bank from which you can borrow an instrument for a modest fee.

You will receive a warm welcome if you come along to Tebay, so dust the cobwebs off your instrument and join us!

For more information go to our web site

www.cobweborchestra.org.uk

or ring Richard Best for more details:

Phone 07939 540139

Tebay Methodist Church

Harvest Festival Service

10.30am, Sunday 18th September

Led by Mr & Mrs Thackray

Come and give thanks!



Any spare time on
Tuesday afternoons?

Come and join us at
The Methodist school room
from 2pm—4pm, for games & crafts,
a cup of tea & a natter.

All welcome!

Great Big Green Sleepover

Tebay Creatives Pam Lawson (Tebay Kid's Choir) and Julie Hoggarth (Melody Makers Community Brass Band) invite 7 — 14 year-olds to come and create new art as part of the Great Big Green Week.

It's our second sleepover and is a chance to enjoy art and music, creative writing and singing.



You can expect some outdoor exploration, an evening meal, a disco and a family breakfast, all centred around Tebay's lovely community venue at the chapel.

And just so that everyone gets a slice of the fun, we will be able to share our work with the community on Sunday morning at the Tebay Methodist Chapel service. This will be a great opportunity to celebrate the creative energy of our young people, and add our voice to the global call to live in better harmony with our planet.

While times may be hard, we can come together and see it through with imagination.

To book a place please email

Julie@drumandbrass.co.uk

The Great Big Green Sleepover
1st – 2nd October
Tebay Chapel

Music **Food** **Art**
Fun and Games

Help our planet!

You and your family are welcome to join the
 Great Big Green Family Celebration at
 10.30am on SUNDAY 2nd OCTOBER
 to share what you have done!

See our Facebook page for further details:
 www.facebook.com/groups/tebaycreatives/

Notes from the Herald, August & September 1922

August was very wet as was the first week of September. Haymaking 7-15th September this year and quality so-so at best.

Orton saw two batches of pigs come through to Gaisgill Station bound for Mr. R. Tuer at Raisgill Hall. They had come from Barnard Castle on 22nd and 30th June on the N.E. Railway but Orton is in a Scheduled Area and these had no licence. 22 pigs in the first batch, 7 in the second. The NER was fined £5 per pig (would now be £400). Mr. W. H. Milner, ex-Gaisgill, but now Castle Howe View and his housekeeper Miss Sarah Ann Warriner, were sitting on Saturday 26th August, 2pm, discussing the coming Tebay Show when she suddenly died. She was 70. No inquest.

Tebay At the Lowther Rural Deanery Conference, Friday, 25th August at Flass the second question (of two) was "What effect on local life are PCCs having? They began in 1919" Tebay's rep said "We have had one for 20 years, a great success".

The Tebay Show on Friday, 1st September has several classes for Fell Ponies. Its full title is the Tebay Horticultural and Agricultural Show, their 4th. It went very well. The R.D.C. noted that Roundthwaite Ford's users won't subscribe mondy for its proposed new bridge, but will cart the stone for free. "Try them again" said the councillors.

Married in Tebay Church on 25th September, Thomas, only son of Mr. and Mrs. James Robinson of Edge, Tebay, to Mary Ellen (Cissie), only daughter of Mrs. M.A. Capstick, Cross Keys Hotel, Tebay.

Ravenstonedale's John Raine died at High Lane on 17th August aged 66, when he cut his throat. Inquest followed. The Ravenstonedale Sheepdog Trials on Tuesday, 12th September, were at Coldbeck in cold East wind but a lot there.

BST runs till 9th October this year. Autumnal by 30th September round here.

Thanks to Jeremy Godwin, Penrith, for the Notes

Phyllis Haygarth would like to thank all the kind people who prayed for her, sent cards, flowers, cakes and made meals for 'the boys' following her recent accident. Grateful thanks to Steve Dunkinson for turning out.

On her discharge from hospital she has been overwhelmed by the offers of help and kindness shown. She is now well on the road to recovery and hopefully will soon be out and about again.

Thank you all!

*God is our refuge and strength,
a very present help in trouble.*

Psalm 46 v 1

Tebay Community Choir

After a busy programme of concerts in May and June, the Tebay Community Choir has taken a break over the summer.

Rehearsals will be starting again
on Monday 12th September
at 7.30 pm in Tebay Social Club.

New members of any age and experience level are welcome; please note that children should be accompanied by an adult.

Feel free to come along and try the choir out one Monday.

If you would like to know more, please contact Alison on 07964 978961 or alison@mott.me.uk

Tebay Methodist Church Chapel Anniversary Service

10.30am, Sunday 4th September

Preacher: Rev. C Jenkin



**wild
wanderings**

Come and join us
to **connect** with each other & the divine in creation
to **reflect** on where we are & who we are called to be
to **act** together to create the change we want to see

A gathering for our community, for people of any age and background
A walk – a couple of miles, whatever the weather – meet at the chapel, dressed appropriately!
Please bring some sweet or savoury finger food to share !

Sunday 11th September
Walk and shared tea
4-6pm
Meet at Tebay Chapel

*Not able to walk with us
but would like to meet up?
Other questions?
Ring Pam on 07552 405500.*



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here.

Don't Just Pray - Do Something!



Luke 11.1-13

Read these verses from the Bible. When someone asked Jesus how to pray, he told them not only what to say but how it might be answered.

You can find an online Bible here:

<https://www.biblegateway.com/>

We suggest you choose the Message translation.



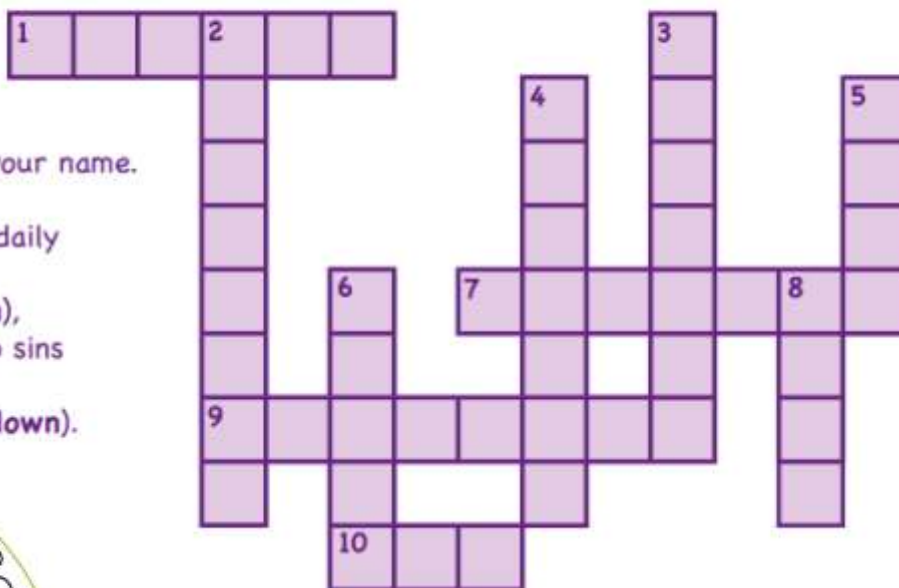
Match up the words with their actions. Which word isn't backed up by actions? Is it something you could do?

- Caring
- Friendly
- Kindness
- Helping
- Sharing
- Looking after a sick person
- Playing with someone
- Helping someone with school work
- Giving someone some food



Put the missing words from this shortened version of the Lord's Prayer into the crossword.

Our (1 across), (2 down) be your name.
Your (4 down) come.
Give us each (10 across) our daily (6 down).
And (3 down) us our (8 down),
for we forgive (9 across) who sins (7 across) us.
And do not put us to the (5 down).



Colour in the letters and in the middle draw something you could do to help build God's Kingdom, eg help a neighbour.

News from All Saints' Church, Kasese, Uganda

*parish linked
with All Saints', Orton*



WhatsApp messages and emails received

From Rev. Nelson Walina, Vicar:

30th June: Please pray for our Couples Corner Fellowship weekend Retreat at Fort Portal, 77 km from Kasese, 1st-2nd July. We will pray for families, and for our children's faith.



5th July: Another important function to pray for is the Episcopal Visit on Sunday 21st Aug. The Bishop comes once in every year. So there is a big function.



25th July: This is the step we have reached on my Personal Residential Retirement home in early preparations. To this step now, we need iron sheets for the roof. Next shutters and plastering, then it becomes inhabitable. (When a vicar in Uganda is coming up to retirement, he will need to build a house for himself and his family – not usually something UK vicars have to do! He invites us in UK to help with a contribution to the cost.)



4th August: Would you again find us any Sunday evening as Couples Corner members within this August 2022, and you shall Preach to us on Zoom. If YES, Kindly send to me the date, the text and topic. Thanks in advance, Rev Walina Nelson.

(It was agreed that we would share this event on Zoom on 15th August, the festival of the Blessed Virgin Mary. In the event there were about 20 families taking part, with different members singing, reading Scripture, or leading prayer. Orton people taking part were Keith and Janet Capp, and Christopher and Mary Jenkin.)



16th August: On behalf of the Couples Corner Services Fellowship and on my own behalf, I take this opportunity to appreciate you and Keith for the wonderful WORD and Prayers to us, by joining us on the Celebration of the Blessed Virgin Mary, yesterday evening. We love you and thank you so much. How did you feel sharing with us, for us we felt happier than any other fellowship's day.

Stay well and be blessed.

From Revd. Nelson Isebagheen, hospital chaplain:

8th June: Am happy to inform you that am practicing agriculture by growing rice for commercial purposes. But I have a challenge of fertilizers to enable me get a good harvest and profit. So I need your prayers. (Such a project is a necessity to supplement his very modest salary, to support his family.)



28th July: Ven. Isebagheen presenting at Kagando University College Strategic Planning Retreat in Fort-Portal city.



Services in our Anglican Churches

Sunday 4 September <i>Trinity 12</i> <i>Welcomer:</i> Jeremiah 18:1-11 Philemon 1-12 <i>Green</i> <i>Prayers:</i>	Orton, 10.30am Holy Communion <i>Sandra Ward</i> Chris Bland Margaret Longworth Andrea Dutton Olive Bland	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship Team
Sunday 11 September <i>Trinity 13</i> <i>Welcomer:</i> Jeremiah 4:11-12, 22-28 1 Timothy 1:12-17 <i>Green</i> <i>Prayers:</i>	Orton, 8.30am Holy Communion (BCP) <i>Chris Jenkin</i> Mary Jenkin John Dunning	Tebay, 10.30am Service of the Word Team	Ravenstonedale, 10.00am Holy Communion <i>Chris Jenkin</i> Richard Best Diana Fothergill
Sunday 18 September <i>Trinity 14</i> <i>Welcomer:</i> Jeremiah 8:18-9:1 1 Timothy 2:1-7 <i>Green</i> <i>Prayers:</i>	Orton, 10.30am Café Church style service Team Keith & Janet Capp	Tebay, 10.30am Baptism <i>Chris Jenkin</i>	Ravenstonedale, 10.00am Harvest celebration <i>Fran Parkinson</i> Caroline Morris Hilary Law
Sunday 25 September <i>Trinity 15</i> <i>Welcomer:</i> Jeremiah 32:1-3a, 6-15 1 Timothy 6:6-19 <i>Green</i> <i>Prayers:</i>	<i>United Benefice Service at St Michael's, Shap, 10.30am</i> Holy Communion <i>Sandra Ward</i> including baptism		
Sunday 2 October <i>Trinity 16</i> <i>Welcomer:</i> Lamentations 1:1-6 2 Timothy 1:1-14 <i>Green</i> <i>Prayers:</i>	Orton, 10.30am Holy Communion <i>Sandra Ward</i> Olive Bland Keith Capp Chris Bland Elizabeth Crossley	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship Team

THE HUB



**Tebay Community Library
and Drop In in the Hub
St. James' Church, Tebay**

Every Monday morning
10.30am - 12.30pm

Refreshments - Books to borrow and buy

All ages welcome

Baptisms,

Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches of the benefice, please contact your local church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator, Joyce Keetley on 07741 327318 or applebymc@carlisediocese.org.uk.

Please make contact with Rev Stephen Radford for any Methodist Church requirements for membership, marriage, funerals, etc.
stephen.radford@methodist.org.uk

Services in our Methodist Churches

	2022	4 th September	11 th September	18 th September	25 th September
			Education Sunday	Peace Sunday	
*Tebay M P 1-1300 M H B	10.30	C Jenkin CA US	LA	D&S Thackray HF	A Sterling
	6.30	Connexion service TBC			
Shap (Class of Tebay)	10.30	J Betts			
#Orton M P Complete M H B this PB EW	10.30	S Foulkes	G Murray OA	US at PC Café Church	C Dickinson AAW HF
	6.30	Connexion service Tebay TBC			
#Newbiggin On Lune M P 1-1250 + More on screen M H B	10.30	LA OA	D Askew	S Radford HC	LA
	6.30	Connexion service Tebay TBC	Prayer & Share OA **		Prayer & Share OA **
*Ravenstonedale M P 1-1144 M H B H & P	2.00	P Hilland	A Sterling	C Fawcett HF	S Radford HC
	6.30	Connexion service Tebay TBC			

A



Conversational Bible Study Group in Orton

for Christians and
Jewish believers in Jesus.

Are you interested in studying the Holy Scriptures in their historical, linguistic, and cultural context.

A new course starts in October entitled The Beginning of Wisdom. Using the latest scholarship, ancient Jewish sources, and extra-biblical literature, First Fruits of Zion presents a Messianic Jewish study of the Bible and early Jewish Christianity.

For details of the club starting soon in this area go to:

<https://torahclub.ffoz.org/public/clubs/TC-4422>

Or call Stephen in Orton
on 07834 189692

The Lord will
indeed give
what is
good, and
our land will
yield it's
harvest.

Psalm 82v12



The Filling Station

For high quality speakers, sung
worship, prayer ministry, and
personal testimonies.

Thursday 8th September
7.30pm

Appleby Hub
Chapel Street,
Appleby-in-Westmorland
www.thefillingstation.org.uk



Plastic Tree Shelter collection

Nearly 12,000 plastic tree shelters were removed and recycled from the Yorkshire Dales countryside recently thanks to Yorkshire Dales Millennium Trust's (YDMT) Plastic Free Woodlands project.

Landowners dropped off their redundant shelters at Craven Auction Mart in Skipton over the course of three days. These were then collected by Tubex and sent for recycling – extending their life cycle.



YDMT's Plastic Free Woodlands officer, Mike Appleton, said: "Thanks to local landowners, dedicated volunteers, and the team at Craven Auction Mart, we were able to remove more plastic from the landscape and therefore stop the potential pollution of our soil and water courses at source. It takes the total number of shelters recycled through the project to more than 50,000.

"This is our third central collection in the Dales, and we believe we have found a system that works for everyone. We have enjoyed bringing volunteers out to the countryside to help remove this plastic – as well as providing a service to landowners who want to do the right thing for the environment."

YDMT's Plastic Free Woodlands project, which is supported by the European Outdoor Conservation Association (EOCA), also aims to trial alternative shelters across a number of differing sites and create sector wide change in the use of plastic in woodlands creation.

"We've already seen a real change in how the woodland sector views plastic shelter use," Mike continued. "Working as part of the Forest Plastics Working Group, we are establishing best practice across the country with a leading number of governmental and industry bodies, as well as leading environmental NGOs.

"We have brought together funding for a large-scale alternative shelter trial with Forest Research, are writing guidance on the use of plastic, producing a number of case studies and will host a conference in November.

"Locally, we are not resting on our laurels either and will host another central collection in either Appersett or Skipton in early September."

Cat Barker, EOCA Conservation Project Coordinator, added: "This has been a great project for EOCA to fund, and we have been amazed by the hard work and dedication of YDMT, landowners and volunteers in addressing this issue of plastic shelters in our countryside.

"The project has done a fantastic job of enabling the recycling of tree shelters to extend their life, and it's great to see the tremendous effort being made to produce a viable alternative. Fingers crossed this will be something we see in the not too distant future!"

If you have redundant tree shelters that you would like recycling, then contact Mike on tubes@ydmtd.org

Church contacts

Church Contacts

Anglican Church

Vicar
Curate

Vacancy
On placement

Mission Community Administrator

Joyce Keetley 07741 327318
Email: applebyme@carlisle-diocese.org.uk

Retired clergy

Sandra Ward 24213
(Penrith Hospital Chaplain)
Christopher Jenkin 24410

ORTON with Tebay CHURCHWARDENS

Chris Bland 24258
Linda Garrick 24262
Martin Lawson 26028

PCC SECRETARY

Susan Thorpe 24166
Email: s.thorpe669@btinternet.com

TREASURER

Bill Lawler 24465

LOCAL LAY MINIS- TER

Rosemary Campbell 24837

RAVENSTONEDALE with NEWBIGGIN-ON-LUNE

CHURCHWARDENS
Ann Brownrigg 23594
Martin Windle 07899 907958

SECRETARY

Suesi Windle suesi.windle@googlemail.com

TREASURER

Tim Parkinson 23393

Methodist Church

Rev'd Stephen Radford, 50 South Road, K.
Stephen, CA17 4SN. 017683 71202. Email:
stephen.radford@methodist.org.uk

Roman Catholic Church

Fr Peter Houghton, Church of Our Lady of
Appley 017683 51244

New Beginnings Church

Pastors: Barry & Karen Hawthorne
07437 468896

New Beginnings Church

Every Sunday
Orton Market Hall,
10.30 a.m.



Upper Eden Medical Practice

Covid Vaccinations update

We are no longer giving first vaccines here at the Surgery. We have now attempted to contact all patients who are due their second vaccines. If anyone feels they may have been missed then they need to contact us urgently.

The following information is on our website:

COVID vaccination certification

We are unable to issue this certificate at the practice. Please see the Gov.uk website for further information. Proof of your vaccination status will be available on the **NHS app**, which is also valuable for accessing your health records and ordering repeat prescriptions. Alternatively, you can call the NHS helpline on 119 and ask for a letter to be posted to you. This must be at least 5 days after you've completed your course of the vaccine, the letter may take up to 5 days to reach you.

Shingles vaccination

Patients become eligible for routine vaccination against shingles when they become 70 years of age and all those aged up to and including 79 years are now eligible to receive the vaccine until they become 80 years of age. Individuals who were eligible for the Shingles vaccination programme who turned 80 years during the COVID-19 pandemic and missed the opportunity to be vaccinated, either due to lockdown or because they were shielding at home and unable to attend their general practice, can continue to be vaccinated up to 31st July 2021.

Please contact the Surgery to book an appointment.

Seasonal flu/Covid booster vaccination information:

This year the Practice will be contacting all eligible patients for their flu vaccination and likely Covid booster to be given at the same time. Patients will be contacted in eligibility order and given an appointment time. Please can we ask patients to **wait for the Practice to contact them** as we are still awaiting information regarding the Covid vaccine boosters.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

☎: 017683 74015



Orton Surgery and Shap Medical Practice

Current Procedures

The Doctors and Nurses at the Practice continue to operate an initial telephone triage system. If a face to face consultation is necessary the Doctor or Nurse will book you an appointment at Shap later that day. Please contact the surgery at 8.30am to arrange a telephone triage appointment. Surgery appointments remain being kept to a minimum to reduce the risk of infection to our patients and staff. Please do not attend the surgery without an appointment and please check the NHS111 website if you are unwell with coronavirus symptoms. When attending an appointment at the Practice, face masks must be worn at all times within the building, unless you are exempt due to medical reasons. Hand sanitisers are placed throughout the building and we request all patients to use these.

Online Consultation

We still offer online consultations using the eConsult. Please see the website www.shapmedicalpractice.co.uk to find out more about this.

Orton Surgery

There continues to be no Doctor appointments at Orton Surgery for the time being. Medication is available for collection every Tuesday between 10am and 11am.

Dispensary

Shap medication is now being collected from inside the main foyer of the Practice.

COVID Vaccinations Update

We continue to offer COVID vaccinations at the Practice. Please contact us if you are due your booster.

Staffing Updates

Dr Chris Kehoe left the Practice in the summer and is now working as a Locum GP and as a salaried GP at CHOC where some of you may meet her if you need to see a doctor out of hours. We welcomed Dr Hannah Judson at the Practice as a GP Partner in September. She has already become a highly valued member of the team. She came to us from Appleby Medical Practice and is a qualified GP trainer. We are hoping to start training GPs as well as medical students later this year. Our Practice Manager Sue Graham retired in March 2021 and Wendy Hancock has since taken the role of overseeing and developing the Practice. Wendy previously worked within the Clinical Governance and Safeguarding teams at CHOC and NWAS. We are also very pleased to announce the return, and promotion, of Eleanor. Eleanor returned from her maternity leave in January and takes on the new role of Reception Manager.

All of the staff at the practice would like to say thanks to our local communities for the support and encouragement we have received through what continues to be a very difficult time for the health service. The kind words that we receive do make a difference to us and are very much appreciated.

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	OUTWARD	RETURN
Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Gueshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

Revised 25-11-21

WEDNESDAY ROUTE 572: Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

106 Bus Service

Kendal - Tebay - Shap - Penrith
on TUESDAYS & FRIDAYS

	to Penrith	to Kendal Tues/Fri	to Penrith
Kendal	10.00	14.05/13.35	15.30
Tebay Mt Pt	09.32	13.28/12.58	16.02
Orton	09.40	13.20/12.50	16.10
Shap V Hall	09.55	13.10/12.40	16.25
Clifton	10.14	12.49/12.19	16.44
Penrith	10.30	12.30/12.00	17.00

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Appleby Deanery Network Youth Church Pioneer Minister:
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Miscellaneous

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Websites

Church Websites:

High Westmorland parishes: <http://hwparishes.org.uk>
Entries in the Church of England's "A Church Near You" directory
Orton: <https://www.achurchnearyou.com/church/12220/>
Ravenstonedale: <https://www.achurchnearyou.com/church/12221/>
Tebay: <https://www.achurchnearyou.com/church/12223/>
Orton Community Website: <https://ortoneden.co.uk>
Orton Parish Council: <https://ortonpc-eden.org.uk>
Tebay Parish Council: <https://tebaypc.org.uk>
Ravenstonedale village website: <https://www.ravenstonedale.org>
Ravenstonedale Parish Council: <https://www.rdalepc.uk>

Churches' Facebook pages

Orton: <https://www.facebook.com/AllSaintsOrton/>
Tebay: <https://www.facebook.com/stjamestebay>
Ravenstonedale: <https://www.facebook.com/StOswaldRavenstonedale/>
Families Together in Tebay and Orton
<https://www.facebook.com/FamiliesTogetherTebayOrton/>
Families_Together@googlegroups.com