

The Link

The Church & Community magazine for Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay



The Link

Published by the
churches and communities in
and around Newbiggin-on-Lune,
Ravenstonedale,
Orton & Tebay

If you want to sign up to receive
The Link electronically, you can
do so using this web page link:
cutt.ly/TheLinkSignup

The Link magazine is put together by
a group of willing volunteers in our
villages, drawing on contributions
from across our villages. It is funded
by a mix of subscriptions and
donations from individuals and
organisations, as well as advertising
from local businesses.

The magazine doesn't have a strong
editorial policy or position, trying to
share almost everything we're sent
from individuals and organisations in
our communities, but the editorial
team do reserve the right to choose
what to publish in the magazine.
Views expressed in The Link are not
necessarily those of the editorial
team, and we reserve the right to
amend material submitted prior to
publication.

Do please get in touch with us if you
have any questions, concerns, ideas
or want to volunteer. The simplest
way to do that is by email at
TheLinkMagazine@outlook.com

Thanks again for reading, sharing &
submitting your news and events.

Elizabeth, Linda, Martin, Paula & Tristan

We're always looking for photos and
write-ups of local events. If you have
a photo which could be on the front
cover, ideally of local people at a
local event, then do please send it in.

This month's front page photo is:
Tebay Royal British Legion
Poppy Display
Photo credit: Pam Lawson

The question on most people's
lips locally is "What's happening
to the M6 bridges, and how will it
affect me?"

We don't have answers to that
yet, but many local people are
working hard to make sure that
their voices and yours are heard
by the National Highways team
working on the Lune Gorge
project.

You can read more about this,
and sign up to get specific
updates, as well as make your
voice heard on page 12— many
thanks to Charlotte Iniff and the
many others who have already
been campaigning on this
alongside Tim Farron.

Do make sure you look elsewhere
as well — to plan for your trip to
the Greenholme show, or the

Midsummer family barbecue at
Newbiggin-on-Lune. Be amazed
as well at the 500+ knitted
poppies in St James church,
Tebay, and read more about that
on page 17.

There are lots of other things to
look forward too as well, whether
it's a visit to Home Grown Here in
Crosby Ravensworth on Open
Farm Sunday (8th June), looking
ahead to the Ravenstonedale
show in August, or continuing with
your folk dancing along with the
folk from Ravenstonedale and
Newbiggin-on-Lune.

We do hope you have a great
month, and do send us your write
-ups of events you go to!

Elizabeth, Linda,
Martin, Paula & Tristan



Engaging with The Link magazine

There are lots of ways you can engage with The Link — first and
foremost, do please send us your news, articles, updates, photos,
poems, etc. **Email them to** TheLinkMagazine@outlook.com

If you want to advertise, (which is how we pay for much of the
printing costs of the magazine), do please get in touch — it
currently only costs £6 per smallest 'square' of advertising per month
(email as above if you want to know more).

If you want to support us financially, visit this link:
cutt.ly/LinkDonate or scan the QR code on the right
with your phone, or get in touch if you need another
way to do so.

Thank you again for all your support!



THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (ideally not PDF format) including advertising to:
TheLinkMagazine@outlook.com

Payment for advertising or remittance advice to:
Linda Garrick, 015396 24262 / finance@linkmagazine.org

New Bishop of Carlisle is announced

Downing Street has announced that His Majesty The King has approved the nomination of the **Rt Rev Rob Saner-Haigh as the 68th Bishop of Carlisle.**

In May 2022, Rob was appointed the Bishop of Penrith and has been the Acting Bishop of Carlisle since September 2023. Having served his curacy in the county from 2005, he has ministered for all but two years in Cumbria.

Bishop Rob, 52, said: "It is such an honour to have been nominated as the next Bishop of Carlisle and to be able to continue to serve this county that I love.

"This will be a time of both continuity and change for the Diocese of Carlisle. I'm a local vicar at heart and love the local church. It's where we learn together about who God is and what that means for our lives and the place where we can best serve our local communities. There is a rich variety of churches across the county, from those which have stood as a sign of God's love at the heart of their communities for a thousand years, to those starting new today in village halls or on fellsides. I will do all I can to help each flourish as, together, we seek to share the good news of Jesus. As Bishop of Carlisle, I will also seek to highlight this wonderful county and to do all I can for the people of Cumbria.

"I'm delighted to be able to help lead our county's ecumenical vision and strategy, God for All, and alongside my denominational colleagues remain committed to seeing more people follow daily, speak boldly, care deeply and tread gently in service to Jesus."

Bishop Rob served his curacy in Appleby Deanery before moving to the parishes of Dalston with Cumdivock, Raughtonhead and Wreay. He was Bishop's Chaplain for three years and Director of Ordinands for two. From 2010 he was the Vicar of Holy Trinity Kendal and assistant Rural Dean for seven years prior to his move to the Diocese of Newcastle in 2020 to take up the position of Residentiary Canon Director of Mission and Ministry. He returned to Cumbria in 2022 following his appointment as Bishop of Penrith.

He was born and raised in Birkenhead on Merseyside and attended Birmingham University to study Ancient History and Archaeology, later completing his MPhil research in Archaeology. After working as an archaeologist, he worked for a church in Birmingham and then as a project manager in an IT firm before training for ordination at Wycliffe Hall in Oxford. He is married to Emma. The couple have three children: Ollie (23), Jemima (21) and Hal (19).

The Dean of Carlisle, the Very Rev Jonathan Brewster, who will join Bishop Rob on the tour, said: "We are delighted to share the news that



Bishop Rob Saner-Haigh has today been announced as the next Bishop of Carlisle. As the current Suffragan Bishop of Penrith, Bishop Rob brings with him a wealth of episcopal experience and a profound connection to Cumbria – qualities that will be invaluable as he prepares to lead our Diocese into the next chapter of its journey.

"We very much look forward to welcoming Bishop Rob to Carlisle Cathedral, where, in due course, he will formally be installed in the bishop's seat. It will be a joy to continue working alongside him in his new role as, together, we continue to serve the people of our County and Diocese in the months and years ahead."

The Most Rev and Rt Hon Stephen Cottrell, Archbishop of York, said: "It's a real joy to welcome the appointment of Rob Saner-Haigh as the new Bishop of Carlisle. His deep love of the gospel combines with a deep love for Cumbria, a heart for service, and a genuine affection for the people and communities he will serve.

"As acting Bishop for the past eighteen months and as Bishop of Penrith and as a parish priest in the diocese before that, Rob knows the diocese well. He has a great team around him and a great desire to work for the building of God's kingdom in Cumbria. This is an exciting time. Please join me in praying for Rob, for his family and for the Diocese of Carlisle as this new chapter begins."

Bishop Rob succeeds the Rt Rev James Newcome as Bishop of Carlisle, following his retirement in August 2023. A service of installation and welcome will take place at Carlisle Cathedral on a date to be confirmed.

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Can't find what you want?

Let us know and we'll see if we can find ways to change — we know people want more photos and more local news — you can help with that!

Do please send in your updates and news

**NEWBIGGIN-ON-LUNE CHAPEL
SUNDAY SERVICES
10.30am every Sunday**

**Tea and Coffee to follow after the Service.
A Warm Welcome to Everyone**

**We have the following meetings, please
contact us for further details:**

**Coffee Morning, Prayer & Share,
Sunday School, Bible Study,
Men's Meeting, Ladies Meeting**

**For further information please contact:
Wilfred - on 015396 23600 or
Angela on 07980 418078**



Newbiggin-on-Lune Public Hall

Chair	Ian Clayton	015396 23226
Secretary	Laura Fowler	07913 676302
Treasurer	Shaun Mason	07774 107958
Caretaker	Anne Brownrigg	015396 23594

☀️ **All bookings should be made with
the Caretaker**

☀️ **All payments should be made with
the Treasurer**

Online: facebook.com/NonLPublicHall

A better tomorrow

I have just read an amazing book called A better tomorrow. Life lessons in hope and strength by Mina Smallman. Her two daughters were murdered in a London park whilst on a birthday picnic.

This book is about that and her life story. It tells of her reaction to the murders and how she has forgiven the murderer. She is a Christian and was one of the first women ordained and later was an archdeacon. She faced many traumas in her life and the book narrates how she dealt with them.

It's a book well worth the read and is available in local libraries.

Rosemary Campbell

LUNE LADIES

**Wednesday 4th June
An outing to Barton Grange**

**Wednesday 2nd July
An outing to Kipling Hall.**

**Meet at Newbiggin on Lune
10:00 AM village hall
All Welcome**

Open Air Service

**Sun 6th July, 10:30am
on the Village Green**

**John Bainbridge will be speaking
followed by bring your own picnic lunch**



FREE COMMUNITY CLASS, FUNDED BY ACTIVE CUMBRIA

CHAIR YOGA FOR WELLBEING

With Suzie Metcalfe – Wildscapes Retreat

Thursdays: 11:00 – 12:00 pm

Starting: Thursday 6th June 2025

Venue: Heritage Centre, Ravenstonedale

Initially running for 12 weeks over the summer.

Part of the
LIVE LONGER BETTER.
in Cumbria
revolution!

What is Chair Yoga?

Chair yoga is a gentle and accessible style of yoga that adapts traditional yoga poses to be performed while seated or using a chair for support. It's a great way to enjoy the physical and mental benefits of yoga in a gentler way – no need to get on the floor!

These sessions are designed to support mobility, strength, and wellbeing, while offering a chance to connect, move, and have fun. Suzie will also incorporate uplifting music and a little nostalgia to bring some joy and variety to the classes.

Who is it for?

This free class is open to everyone – including older adults or anyone who finds seated movement more accessible. Whether you're looking to move more, recover from injury, manage a condition, or simply enjoy a gentler way to stay active – come along!

For booking/enquiries:

☎ 07940185471

✉ suzie@wildscapesretreat.com



WEST SIDE STORY PHOTOGRAPHIC EXHIBITION

telling the story of the key role played by the Stockton & Darlington Railway, and its successors, in North-West England

Appleby Tourist Information Centre: 19 th – 30 th April	Darlington Library: 14 th – 21 st July	The Witham Barnard Castle: 14 th – 20 th September	Ex-S&DR Loco Shed Darlington: 21 st – 27 th November
Penrith Library: 6 th – 30 th May	Newbiggin-on-Lune Public Hall: 1 st – 10 th August	Sunday School Building Locomotion Shildon: 6 th – 24 th October	Richmond Station: 4 th December 2025 – 14 th January 2026
Cockermouth Kirkcaldy Centre: 2 nd – 15 th June	Tebay Methodist Hall: 11 th – 20 th August	Cumbrian Railways Association Meeting North Lakes Hotel Penrith: 8 th November	
Stockton Library: 18 th – 28 th June	Kirkby Stephen Methodist Hall: 21 st – 27 th August		

Comprising of material from the archives of the JW Armstrong Railway Photographic Trust, Cumbrian Railways Association, North Eastern Railway Association, Stainmore Railway Company and a number of private collections.

For more information, please see: www.facebook.com/stocktondarlington200
www.stocktondarlington200.co.uk



MIDSUMMER FAMILY BBQ

Saturday 21st June 2025 from 6:30pm

Newbiggin on Lune Public Hall

Adults £10, Children £5

Raffle/Pay bar

TICKETS LIMITED - PLEASE BOOK

When booking, please make us aware of any dietary requirements

Food served 6:30pm to 7:30pm

Ian Clayton - 015396 23226

Anne Brownrigg - 015396 23594

Laura Fowler - 07913 676302

NEWBIGGIN-ON-LUNE PUBLIC HALL FOR HIRE



FOR GROUPS, PRIVATE PARTIES, WEDDINGS,
FUNERALS, CHRISTENINGS, CLASSES,
CONFERENCES & FUND-RAISING ACTIVITIES

**LARGE FUNCTION, ROOM SEATING FOR 100,
KITCHEN WITH MICROWAVE, HOB, OVENS,
FRIDGE-FREEZER & DISHWASHER,
COMPREHENSIVE CUTLERY, CROCKERY &
GLASSWARE.**

**STAGE WITH CURTAINS; SOUND SYSTEM,
RAMP FOR THOSE WITH MOBILITY PROBLEMS,
HEARING LOOP, FIBRE BROADBAND,
PROJECTOR**

For bookings or more information contact :
Anne Brownrigg Tel: 015396 23594 or Email:

nonpublichall@gmail.com

Charges for a morning, afternoon or evening
session :

KITCHEN £15

HALL & KITCHEN £30

HALL, KITCHEN & PAY BAR £70

SNOOKER ROOM ADDITIONAL COST

SUMMER CONCERT

K Shoes Male Voice Choir

PLUS GUEST SOLOIST - SUESI WINDLE



**ST.OSWALDS CHURCH
RAVENSTONEDALE**

FRIDAY 27th JUNE 7.30 PM.

REFRESHMENTS AVAILABLE

RAFFLE



Tickets £10 each, available from

K Shoes website, www.kshoesmvc.org
Choir members,
On the door,
Or by scanning the QR code.

VE Day Afternoon Tea Ravenstonedale Community & Heritage Centre



Wow, do they know how to do Afternoon Tea in Ravenstonedale! Beautifully laid tables, embroidered table cloths with a vase of flowers, china cups and saucers, a three tiered cake stands and lovely freshly made sandwiches - with the crusts cut off of course.

It was organised by Jan Hardcastle and a large team of bakers and helpers fed us all magnificently with delicious cakes and scones with jam and cream, and all for a donation of just ten pounds. Afterwards, The Vagabonds led Community Singing with printed sheets for anyone who wasn't old enough to remember the words.

It was a really enjoyable afternoon, was well supported and raised £800 towards work on the roof of the building which will cost £40,000. It is hoped that work will start on it soon but altogether the building needs about £120,000 spending on it. This event proved it is such a great community space and people work so hard to support it.



RAVENSTONDALE COMMUNITY & HERITAGE CENTRE



C o f f e e & C h a t

**Held on 1st Monday of the month
10.30am to 12 noon**

All Welcome

We would love to see you!

*** No fixed charge but donations towards
the Centre running costs are very welcome**

**Book Swap / Borrow
available**



Notice of a
Boon Day
 in St Oswald's Churchyard
 on Saturday 19th July 2025
 from 9.30am onwards

Meet in the churchyard
 (Note: If the weather is bad
 this will be deferred to Monday 21st July)
 If you enjoy seeing a well-cared-for churchyard,
 do please come and help us tidy up the
 grounds ... even if you are not a churchgoer!

Please bring your strimmers, rakes, hoes, loppers
 and trugs etc... if you have any of them!
 Refreshments: Coffee, tea and biscuits, etc.
 will be provided.

We gratefully look forward to seeing you.

Also, a Date for your Diary:

We are delighted to welcome back
David Thornton BEd, FRCO, LRCA, ARCM
 to St Oswald's for another Organ Recital
 on Saturday 30th August 2025 5.00-6.00pm

**Ravenstonedale
 & Newbiggin
 Folk Dance Group**

Our local club meets weekly
 Newbiggin on Lune hall (Sept — Apr)
 Church Brough hall (May — Aug)

Wednesday evenings
(except the 1st Weds of the month!)
7.45pm — 10pm

Singles and couples all very welcome
 All dances are walked through & called
 Beginners especially welcome!

For further details please
 ring Catherine: 017683 41549
 email: trimmers@coldkeld.com



**RAVENSTONEDALE
 SHOW**

Saturday 23rd August 2025



The Ladies Committee extends warm
 thanks to all those who have, in the past,
 kindly donated prize money for
 classes in the Industrial Tent

If you would like to donate prize
 money for a class in the Industrial Tent
 at this years show, please contact

RASladies@outlook.com
Or phone Carla Boustead
07968829976

**RAVENSTONEDALE COMMUNITY AND
 HERITAGE CENTRE**

REGULAR SESSIONS AND MEETINGS:

Monday – Circuits with Jan Hardcastle for Men
 (5-6pm) (07876508027)

Monday – Circuits with Jan Hardcastle for Women
 (6-7pm) (07876508027)

Monday – Yoga for all with Suzie Metcalfe
 (7:15-8pm) (07940185471) *

Tuesday – Pilates with Fiona Woolnough
 (6-7pm, 7:15-8:15pm) (Clara 07900074886)

Thursday – Yoga for all with Suzie Metcalfe
 (9:30-10:30am) (07940185471) *

Thursday – Ravenstonedale Parish History Group
 (2-4pm) (Val 07798688057)

First Sunday of the month – Sound Bath with Ann
 Wappett (4-5pm) (07890226445)

First Monday of the month –
 Community Coffee Morning (10-12pm)

Monthly – Saturday Sewing Workshop
 with Jan Hardcastle (07876508027)

For more details or if you would like to join our
 creative hub, please get in touch.

* suzie@suziemetcalfe.com



All Saints Coffee Morning at the Farmers Market In May raised £510

*Many thanks to all who baked, came,
drank, served, washed up, etc.*



**The Square,
Orton, CA10 3RH
015396 24225**

*****We sell a large selection of general grocery items
including your favourite branded items*****

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 12 noon

Opening Hours – Orton Post Office

*(opening hours dovetail with Tebay Post Office
to provide services from Monday to Saturday)*

Last Post Collection

Tuesday	9 am to 5 pm	3:15 pm
Thursday	9 am to 5 pm	3:15 pm
Saturday	9 am to 4 pm	11:10 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Open Farm Sunday



Come and see how we grow your veg!

12pm — 4pm, Sunday 8th June

Crosby Ravensworth/Maulds Meaburn

The team at Vista Veg, who run the Home Grown Here veg box scheme and can usually be found selling tasty veg at Orton Market, are once again opening up our polytunnel doors and field gates for Open Farm Sunday at the start of June.

This free event is a fantastic way for all the family to learn about sustainable veg growing and what we do. There will be plenty to see and fun activities for children and adults alike.

Join us in our five polytunnels and packing shed in Crosby Ravensworth to see how we manage our seed sowing, propagation and growing under cover, and find out about our Cumbrian grower's co-operative, agroecology training, and what it takes to run a veg box scheme in a rural setting.

Then why not head over to our newly-established no dig veg field in Maulds Meaburn to see everything in action, hear about the advantages of the no dig system and how we're growing regeneratively, and even find a strawberry or two!

We'll be open from 12pm-4pm on Sunday 8th of June. See our Facebook or Instagram page [@homegrownherecumbria](#) for how to find us, or use What3 Words: **crackling.stuck.pancakes**



Bus Shelter Books at Orton

We would like to thank all the people from Orton and further afield, who so generously support our village charity bookshop. The total donated to 2 charities in 2024 was £1670.

Some people give of their time and help to keep the bus shelter clean and tidy, for which we are most grateful & others keep the shelves tidy. People donate books, jigsaws etc. So many people have generously supported our various charities and continue to do so, as they make donations for books. Others ensure that the money donated is collected and accounted for and is then forwarded to our chosen charities. All the above help is very much appreciated.

We would like to inform everyone that from 1st March 2021 to the end of December 2024, the total of £7855 has been donated and shared between, Hospice at Home, Cancer Research, Orton Church, Air Ambulance and a local Donkey Sanctuary.

At the present time we are continuing to support the Air Ambulance, if you're passing by and have time, please feel free to browse, and if you've time, spend a few minutes tidying the shelves. We're not aiming for perfection, just to keep the shelter looking tidy and attractive as a village amenity. Every little bit helps.

THANK YOU from the Bus Shelter team.

Christian Aid Week envelopes

Link readers in the Orton area will receive a Christian Aid Week gift envelope in their June issue of the magazine, although the actual Christian Aid week was in May.

Although the actual Christian Aid Week is past, the appeal goes on, as does the world-wide work of Christian Aid – all the more important and valuable when some nations are cutting down on their overseas aid budget – some of them drastically.

Find out more about what Christian Aid online:

<https://www.christianaid.org.uk/our-work/what-we-do>

Give online, or drop off you envelope in the big jar at the back of All Saints, Orton (or give it to a church member!)



A celebration of
Simon & Garfunkel



Saturday
August 2nd
7.30pm

Orton Market
Hall, Cumbria,
CA10 3RU

Tickets £7-15



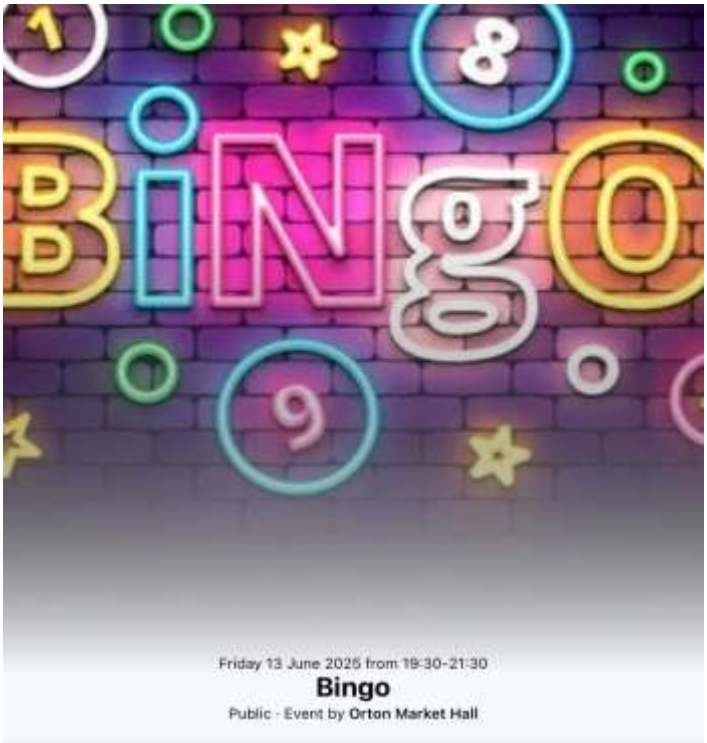
**ORTON MARKET HALL
COFFEE MORNING
DROP IN**

Upcoming dates
Friday 16th May
&
Friday 13th June

Between 10:30 am & 12:30 pm

Please join us for Tea, Coffee and Cake.

Good company, Good chat.



BINGO

Friday 13 June 2025 from 19:30-21:30

Bingo

Public - Event by Orton Market Hall

Orton Market Hall

Orton Market Hall is available to book for meetings, courses, parties and much more.

Facilities include main hall, supper room and kitchen, stage, oven, dishwasher, warming oven, fridge, place settings for 100, projector, hearing loop, sound system.

Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am  Yoga 7:00-8:15pm
Thursday	Boccia 1:30-3:30pm (fortnightly)
Friday	Bingo – 2 nd Friday of the month 7:30-9:00pm
Saturday	Orton Farmer's Market – 2 nd Saturday of the month 9:00-2:00pm
Sunday	Vinelif Church 10:30am-12:30pm Yoga 7:00-8:30pm (last Sunday of the month)

Boccia 015396 24465, **Vinelif Church** 015396 24253,
Pilates 07375082111, **Yoga** 07950435136

Bookings: book through our website:
ortonmarkethall.co.uk

Friend of the Fell

A poem by Jo Hayward

Curious sheep
Scatter and stare
A friend is here
To welcome in
The warmth of Spring
Skylarks warble overhead
A keen eye is kept for orchids
Many blooms will soon bejewel
This rugged scar

Yes, I am friend
And the Fell is friend to me
Soothing my sadness
Wiping tears with gentle fingers
Blown in on the wind
Wild grasses wave
Ponies blot the distant dale
It is here
I can lie down and be

Clouds mingle above
Witness to the lives
Unfolding in this ancient vale
Histories held in tiny pebbles
Tumble through the silver streams
A spider weaves her woes
In the flattened scrub
If I lie here long enough
Will she bond my body to the ground?

BINGO

ORTON MARKET HALL

FRIDAY 13th JUNE

**ALL WELCOME
7-30pm**

**TEA AND COFFEE
RAFFLE**

Money raised to

THE DONKEY SANCTUARY

And
ORTON MARKET HALL

Forthcoming Date
**11th July
8th August
12th September**



All Saints' Church, Orton

SATURDAY 5th JULY

MUCH ADO ABOUT



**A Concert to showcase a
wide variety of local talent**

2.00 p.m.

Refreshments in the Interval

*Tickets (£5) from Orton Village Store
or phone 015396 24410, or pay at the door*

(School age children FREE)

In Aid of Church Funds

Prayer walk 2025

In the May issue of The Link there was an item about the planned Prayer Walk around Tebay and Orton on Saturday 7th June 2025, the day before Pentecost (Whit Sunday), promising details in the June issue.



So here they are:

Pattern: Tebay in the morning, Orton in the afternoon.

TEBAY SECTION:

12.00 noon: Meet at St. James' Church, and walk along the footpath above the Sidings (we will pause to pray for the businesses there) and along to the Terraces, where we will stop to pray for residents and families there. Then back along the upper path to the Chapel.

12.45 p.m. Go up to High Woodend (walking or by car), for a view over the whole of Tebay - a good place to pray.

1.30 p.m. approx.: Lunch: At Junction 38 truckstop (We will pray for the whole Westmorland Family, a major employer locally.) (Or find somewhere to have your own picnic lunch!)



ORTON SECTION:

2.30 p.m. Meet at Orton Methodist Church, and walk along East road, pausing at the school, and various other spots, for a few minutes of prayer. We will end this section at All Saints' Church.

3.30 p.m. approx.: Go up to the cairn overlooking the whole valley (walking up from the churchyard, or driving to the quarry by the cattle grid and walking along the ridge), and conclude with prayers for all the communities, farms and other businesses we can see.

(Please feel free to join in for all or whichever part of the Prayer Walk that you can manage!)

Thy Kingdom come, O Lord!

<https://www.thykingdomcome.global/>



Send us your contributions — TheLinkMagazine@outlook.com

All Saints' Church, Orton



Saturday 19th July

From 9.30 a.m. onwards, for jobs inside or outside our village church?

If you enjoy seeing a well-cared-for churchyard, do please come and help us tidy up the grounds ... even if you are not a churchgoer !

Please bring your strimmers, rakes, hoes, loppers and trugs etc ...if you have any of them !

Refreshments ... Coffee, tea and biscuits... will be provided. We gratefully look forward to seeing you.!

**Contact Martin
(07899 907958)**

Travel with us on the
Western Dales Bus

Bus services for Sedbergh, Kirkby Stephen and surrounding areas.

Kirkby Stephen shopper, via Ravenstonedale, Newbiggin, Tebay to Kendal and back.

www.westerndalesbus.co.uk



PERMANENT CLEANER VACANCY

ORTON CE PRIMARY SCHOOL

We have a permanent part-time cleaner vacancy in our happy school we are looking to fill.

Initially 3 hours per day 3 days per week (Mon, Tues, Wed) but potential to increase to 5 days on retirement of current post holder. Hours of work can be flexible to suit candidate (before school, after school or weekend). Some school holiday working required (42 weeks a year - 38 plus 4 weeks in the holidays).

Pay: £12.60 per hour, Holiday Pay & pension.

Full training will be given.

Applications close 12pm 9th June 2025

If you are interested in this role, please get in touch with Headteacher – Emma Pomfret for an informal discussion.

Contact Telephone – 015396 24268 / head@orton.cumbria.sch.uk

*Orton CE School is a
happy place to learn, grow and thrive.*

Keep Junction 38 Open!

MP Tim Farron and local councillors ask National Highways to reconsider plans

The local communities of Tebay, Orton, Kirkby Stephen, and surrounding villages face up to four years of complete disruption, when work begins to replace eight deteriorating M6 motorway bridges, resulting in the closure of Junction 38 in one direction for four years.

Local MP Tim Farron, alongside local councillors, residents and businesses are appealing for National Highways to reconsider their plans in light of the damage it is going to cause the community.

A survey of the impacts of the M6 Lune Gorge Structure Renewal Scheme found that the closure will cost the local area up to 10 million pounds in reduced profits for local businesses, farms, increased living costs for residents, and the loss of 150 local jobs affecting hundreds of families. These figures are likely to rise as more people recognise the scale of disruption. The closure of Junction 38 could make farming in the area untenable, resulting in generations of family farms forced to give up farming in the region.

The headline findings from the survey are:

- £1.5 million pound cost to residents alone in additional travel costs
- £8 million pound reduction in the profits of local businesses
- 8 businesses anticipate 130-150 job local job losses
- 6 businesses believe their site may not be viable and forced to close
- Over £400,000 losses to local farming businesses making farming for some untenable

Local MP Tim Farron said, "We understand that National Highways must do vital maintenance to keep our roads safe. But precious little thought has been given to the communities of Tebay, Grayrigg, Kirkby Stephen, and Orton. The partial closure of J38, at the same time as the closure of the bridge on the A685 just outside of Tebay will be devastating for local residents, families, businesses and farms. It must be possible for National Highways to think again and to ensure that these communities aren't cut off for years on end."

Jonathan Capper Managing Director of Lyon Equipment Limited in Tebay said, "This disruption is going to have a significant impact on all local businesses. Lyon Equipment supply safety equipment and training for Fire and Rescue, Coastguard, Ambulance and Mountain Rescue Services throughout the UK. The Rescue Services rely on our next day delivery to provide appropriate national emergency rescue cover. The partial closure of Junction 38 will inevitably mean that we will not be able to provide the level of service required by these emergency services. The impact of the closure of Junction 38 will also have a legacy effect for all businesses. Keeping Junction 38 open is essential to ensure the long-term viability of businesses in the area."

Charlotte Iniff, Tebay Resident said: "The partial J38 closure for four years will mean four years of traffic disruption. The proposed long diversions up and down the M6 won't be followed and we will have rat runs through our villages. Our villages and roads will be full of frustrated motorway traffic and they are just not suitable. It will be dangerous. The lengthy diversions will mean family life will be disrupted for many leaving children and elderly residents isolated from schools, hospitals and key services. We must appeal to National Highways to find an alternative and Keep Junction 38 open!"



If you want join us in staying in touch, campaigning to make sure our local voices are heard, and keeping updated you can sign up for updates by following the link below, or scanning the QR code with your phone and filling in your details.

www.bit.ly/J38bridges

We'll then be in touch to keep you updated and share your stories with others.

Thanks!



Tebay & Orton WI



The AGM of Tebay and Orton WI was held at the April meeting, where reports by the Secretary, the Treasurer and the President were presented. The review of the past year indicates how much membership of the WI has to offer, as members have attended talks given by inspirational women, demonstrations, trips out and the Federation Literary Luncheon, where post prandial entertainment was provided by guest speaker, David Harper, the antiques expert. The Treasurer presented the financial statement. Happily, the books balance and we have sufficient funds to maintain the WI for another year.

Food, along with fun, friendship and fellowship seems to feature highly in the running of our WI, and the President's address acknowledged this by thanking all of the members' contributions towards a successful WI. To be successful, any organisation, like the WI, relies heavily on the Secretary and the Treasurer. Without the skill and hard work put in by our Secretary, Lin Stretton and our Treasurer, Sarah Middleton, Tebay and Orton would not exist. After nearly four and a half years as the President, Felicity Lawler announced that she was to stand down.

An election was held, and Jackie Huck was voted to be the President for the coming year. Wendy Dickinson was re-elected as Vice President. The Secretary and Treasurer were elected unopposed. The teller for the AGM was Ann Mooney. She had recently resigned her membership of the WI, and was later presented with a small gift for all her valuable participation throughout her years as President, Secretary and Treasurer of Tebay and Orton WI.

We were sorry to hear the news that a former WI member, Wendy Hunter had died. Wendy was a teacher and a magistrate, and she had been Vice Chairman of the Westmorland Cumbria Federation of WIs. She had been a long-standing member of Ravenstonedale and Newbiggin WI, and some time after it closed she joined our WI. She once gave us a fascinating talk on her life as a magistrate, at a time when there were Magistrates Courts in places like Kirkby Stephen, Appleby and Shap.

Tebay and Orton has a full and interesting programme ahead and if your curiosity is aroused, then please contact the secretary, Lin Stretton email: lin.stretton@btinternet.com. The WI is an organisation run by women for women and is ALL inclusive



Full-Time Nursery Places Available

Did you know that Orton CE Primary School offers Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm
Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child.

We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a no obligation visit please get in touch with either Vicky or Emma at the school on 015396 24268 / admin@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a
happy place to learn, grow and thrive.



Free Stay and Play Sessions

Our Stay and Play sessions are at the new time of 1.30pm—3.30pm. These relaxed sessions are open to all parents / carers and their children from birth to pre-school.

The more the merrier!

Refreshments provided.

Booking not required and there is no charge. Just turn up! All very welcome.

(Note — You do not need to be considering Orton CE School to be able to come along)
If you would like to find out more please get in touch the 01539 624268 / admin@orton.cumbria.sch.uk
<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a
happy place to learn, grow and thrive.

THE HUB



**Tebay Community
Library & Drop In
in the Hub**

St. James' Church, Tebay

Every Monday morning
10.30am - 12.30pm

Refreshments
Books to borrow and buy
All ages welcome

Do you have any spare time on
Tuesday afternoons? Come and join
us at **TEBAY METHODIST SCHOOL
ROOM** from 1.30pm — 3.30pm

for games & crafts,
a cup of tea & a natter.

You will be very welcome!



Tebay Community Meal

Thanks to all who have joined us
for our Warm Welcome meals
over the winter — we're taking a
break now until October.

We hope that you find opportunity to stay
connected to each other (and stay warm)
over the summer. The costs of the community
meal, hall rental, heating, etc. have all be
covered by a mix of donations (thank you all),
grants and volunteering.

Particular thanks to Steve and Jo, to Bernard,
and to Pam

TEBAY POST OFFICE

015396 24967

Monday: 9am - 1 pm & 1.30 - 5.30 pm
Wednesday: 9am - 1 pm & 1.30 - 5.30pm
Friday: 9am - 1 pm & 1.30 - 5.00 pm



Cumbria-Westmorland Federation of WIs

BYSTANDERS CAN BE LIFESAVERS

TEBAY AND ORTON WI

invite you to a COFFEE MORNING and
demonstration of training in the delivery of CPR (cardio pulmonary resuscitation)
The training will be run by trained personnel and paramedics.



Saturday 31st May 2025
10:00am – 12 noon
at Tebay Methodist Church

Entry £4.00 to include refreshments
Raffle and homemade Cakes Stall

Every year there are over 30,000 out-of-hospital cardiac arrests in the UK. The
Resuscitation Council states the chance of survival can increase by **two or**
threefold when bystander CPR is used.



Farm recommends woodland creation scheme

A farm business near Sedbergh has highly recommended a woodland creation scheme, which will remain open in the Yorkshire Dales National Park for one more year.

Matt Hancocks of Uldale House Farm has seen seven hectares of fully-funded native woodland created through "[Grow Back Greener](#)".



He said he was pleased to have lots of new fencing, a "chunk of money" coming for maintaining the new woodland, and trees that would enhance the landscape and biodiversity.

The Yorkshire Dales National Park Authority is inviting farmers and landowners to come forward now with enquiries to Grow Back Greener. Applying this spring or summer would enable a woodland creation scheme to be designed in time for planting this winter.

Most of the work at Uldale House took place in March.

Matt Hancocks said: "The overall value of the scheme was quite significant and it was money that we couldn't have dreamed of spending; Grow Back Greener has facilitated a landscape enhancement that we wouldn't have been able to do on our own. It's not cost us anything and there's a chunk of money coming for maintenance.

"Yes we've made compromises in terms of the land we're freeing up for trees, but it's allowed us to replace some of the fencing that we needed to consider in places, and top wire – so that's been a gain. Fencing off some areas around the ghylls has been great for sheep management. We've been able to connect parcels of woodland that we already had and that will be good for the population of red

squirrels here. Having woodland on the steep sides should help with erosion and floods mitigation. It's been a carefully planned and well executed scheme. It is something I can recommend.

"We've been able to do it alongside the farming. We've got a small suckler herd, but mostly the focus is on the sheep, with about 400 breeding ewes."

He added that as creating woodland on the farm faced constraints to do with protecting breeding wader grounds, as well as deep peat, it was helpful to have the scheme delivered by the National Park Authority, as he would not have had the time to co-ordinate with the various interested bodies such as Natural England and the RSPB.

A willow mix, along with shrubby species such as hawthorn, was planted at the farm.

Member Champion for Natural Environment at the Yorkshire Dales National Park Authority, Mark Corner, said: "It's great to see woodland creation schemes of such high quality, such as that at Uldale House, being delivered in the Yorkshire Dales National Park.

"We have very ambitious woodland creation objectives for the National Park, and it's important for us to ensure any woodland creation scheme works for each individual farm or estate business.

"We have one more year of funding for the Grow Back Greener woodland creation scheme and I would like to invite farmers and landowners to get in touch now to see what we can do this coming winter."

Interested farmers can contact woodlandcreation@yorkshiredales.org.uk, ideally with a map showing a red line around the area where they are considering woodland creation.



TAG rugby

The Year 3, 4, 5 and 6 children took part in a TAG rugby festival at Upper Eden Rugby Club on Friday 25th April, there were tries galore scored and excellent sportsmanship displayed. Thank you to Eden Valley Sports Partnership for organising the event.



Miles 4 Miles

We had a special visitor to school on Friday 2nd May, Miles a pilot for the Great North Air Ambulance came into school to see the children and ask them if they would help fundraise for the Air Ambulance by taking part in 'A Mile 4 Miles' event.

On Thursday 22nd May the whole school is going to take part in a sponsored walk on the recreation ground in Tebay. Each child has taken a sponsor form home.....look out for our total amount raised.



VE day celebrations

As part of the community event the school decorated the windows and the fence with



union jack flags ready for VE day on Thursday 8th May. To celebrate on 8th May children came to school dressed in red, white and blue. The older children made scones, which they all enjoyed with jam and cream and the younger children made and decorated some biscuits. The staff and children sang wartime songs together and finished the afternoon playing some traditional British playground games as a whole school. KS2 also attended a live assembly all about British Values.

Butterflies

Children in the Little Acorn class have been learning about the life



cycle of butterflies. The children witnessed the caterpillars eat and spin silk and grow approx. ten times their original size, after just over a week they hung upside down and hardened into chrysalides, after another ten days they transformed into butterflies, the children released 27 beautiful butterflies into the school grounds with great excitement.

'A SMALL SCHOOL WITH A BIG HEART'

We have spaces available in our Nursery. Please contact the school if you would like any information.

Visit — by arrangement with the school

Online: www.tebay.cumbria.sch.uk

On FB: [facebook.com/TebayPrimarySchool](https://www.facebook.com/TebayPrimarySchool)

On Twitter / X: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239

Cascading Poppies

On behalf of the Tebay Royal British Legion Branch I would like to say a huge thank you to everyone who has taken time to decorate their houses, have poppies in their windows, taken time to do the poppy trail and to everyone who turned up today for our bring and share lunch to celebrate 80 years since VE DAY.

Our cascading wall of knitted poppies is now hanging in St James church. A massive thank you from us at Tebay Branch of RBL to all that have knitted us poppies, originally our aim back in November was 80 poppies to commemorate VE day and we are overwhelmed to have over 500+ what an amazing achievement!

A wonderful display made by our village. The church has kindly agreed our display can stay in place until after Remembrance Day in November so I hope lots of people can enjoy them. I do still have more poppies to add and will add them before Thursday.

Thank you to the village knit and natter group, for making over 300, a massive thank you to Marty, Sam and Phil for putting the display up. Hope everyone enjoys our display and together

'we shall remember them'.



Send us your contributions — TheLinkMagazine@outlook.com



Tebay Orchestra

Do you play a musical instrument?
Would you like to play music with other people?
No entry requirements, no auditions,
everyone is welcome
(Don't forget your music stand!)

Tuesdays 7.30-9.30pm
(during term time)



**Tebay Methodist
Church Hall
Tebay
Penrith
CA10 3XG**



Weekly £6 for members, £8 for non-members,
(discounts for students and termly payments)

For more information please email
events@cobweborchestra.org.uk
or visit: www.cobweborchestra.org.uk
@cobweborchestra

*Registered charity, no 111875. A company
limited by guarantee: no. 6057812, England*

**For any queries, please contact Richard
Best: richard@lowspot.ndonet.com**

Find out more about the Lune gorge work from
National Highways themselves on the web:

<https://nationalhighways.co.uk/our-roads/north-west/m6-lune-gorge-structures/>

Just slightly concerning when that page says:

Start date TBC, End date TBC, Cost TBC

Let's hope they can tell us more soon!

Greenholme Show

Saturday 14th June

Entries must be on field by 9.45,

Judging starts 10am.

Sheep judging open to public

Marquee open when judging complete –
usually by 12.30pm

Children's races from 1.15pm

Followed by Dog Show (enter on the day)

Fun Tug of War

Refreshments available

Follow signs for car parking

CASH ONLY Adults £5: Under 16s £2

FB: Greenholme Agricultural Show and Gala

Email: greenholmeshowsecretary@gmail.com

Night Do : 7pm to 11pm, £10

Live Music and Chill

Food and Bar

Contact : Calum Stott 07501874652

Tom Newbury 07753223245



Flagging on the coast-to-coast!

Rangers oversaw the delivery of more than 500 tonnes of flagstones to the top of a hill in Birkdale recently, with the help of a quarry firm in nearby Kirkby Stephen.

Work to create a three-kilometre-long flagged path over sensitive peatland on the route of the Coast to Coast Path National Trail has paused for the ground-nesting bird breeding season, but not before the logistical challenge of leading material from Lancashire stone reclamation yards was overcome.

A total of 300 pallets of flagstones were dropped off at Hartley Quarry, with permission of quarry owner Breedon Group plc, then hauled in small loads by McWhirter's of Nateby to a layby on Tailbridge Hill on the road through Birkdale, before being airlifted to the line of path.

Creating the stone-flagged path is the biggest single project ever undertaken by the Yorkshire Dales National Park Authority's ranger service. In phase one, which began last August, 940 metres was laid. A team of three rangers typically laid about 35 metres a day. Later this year work will begin again to complete the remaining two kilometres.

The 197-mile Coast to Coast Path designated route – stretching across northern England from St Bees Head on the west coast to Robin Hood's Bay on the east – is thought to be the most popular long distance walking trail in England. In 2022 the government decided to make it a National Trail.

The trail first enters the Yorkshire Dales National Park north of Orton, ducking out a mile or so west of Kirkby Stephen before entering again on moorland between Nine Standards Rigg and White Mossy Hill. It exits the National Park more than 20 miles to the east, near the town of Richmond.

Wild Wanderings

Come and join us

to **connect** with each other & the divine in creation

to **reflect** on where we are & who we are called to be

to **act** together to create the change we want to see

Sunday 18th May

4pm – 5pm walk

5pm Shared tea

Meet at Tebay Chapel

Walk with us,
or join us later for
food and a drink.

A gathering for our community, for people of any age and background
Local walk – a couple of miles, whatever the weather – meet at the chapel, dressed appropriately!
Please bring some finger food to share.

For further details, please contact Pam on 07552 405500

Brass at the Castle' returned for a second year with its weekend long family friendly festival

Following last years successful debut, Brass at The Castle is set to return this summer- promising to be even bigger and better. This year's festival celebrates Cumbria's rich brass band tradition of grassroots musical excellence.

Taking place over two days, Brass at the Castle 2025 will bring together bands from across the region and beyond. The festival, held in the historic Brougham Hall, will deepen community connections and inspire the next generation of brass players.

Building on last year's event, this years programme featured an extended line-up, interactive workshops for beginners and pros alike, and hands-on family activities.

Drum and Brass CEO, Julie Hoggarth, said: ***"Music has been hard hit recently by austerity and a squeeze on state school curricula. We know that music has a transformative effect on long-term wellbeing, and this festival hopes to offer people ways into music where they can learn skills that will benefit them through their whole life. We are showing people that music is available in your community and is accessible for all."***

With support from Arts Council England, Westmorland and Furness Council, Brass Bands England, Lancashire Music Hub and the Royal Northern College of Music, the festival hopes to inspire the spirit of creativity and music across Cumbria.

Through performance, educations and hands-on workshops, Brass at the Castle is set to ensure Cumbria's brass tradition thrives for generations to come.

The Parishes of the Upper Eden and Upper Lune

Vicarage Tea

2.00pm - 4.00pm

Saturday 28th June 2025



Suzannah and Brendan warmly invite you to the Vicarage for a cup of tea and slice of cake.

Please pop in anytime between 2.00pm - 4.00pm

Donations can be given for
Manna House, Kendal

Manna House provides advice, advocacy and a drop-in support centre for those who are homeless, vulnerably housed, lonely or needing help.

The Vicarage,
Vicarage Lane,
Kirkby Stephen CA17 4QX

**St James Church, Tebay and All Saints, Orton
have a joint parish church council.**

We meet 6-8 times per year, for about an hour and a half each time, to discuss church and community matters.

We're looking for a volunteer secretary
— do get in touch with Mary Jenkin or Linda Garrick if you think you might be interested in helping out.

Belting Good Beef

Belted Galloway Beef available from Low Borrowbridge Farm

Native Belted Galloway beef raised in the fells of Westmorland. 100% grass fed-slow grown naturally reared. No additional feed or medications. Old fashioned farming with traditional breeds working in harmony with nature. Finest quality beef from cherished places and spectacular landscapes.

Call/Text Andrea 07568 108654 to arrange pick up

Sample prices

Brisket Joints £11/kg, joints from £11

Sirloin Steak £27/kg, 2 steaks about £10

Fillet Steak £41/kg, 2 steaks about £17

Also mince, rump steak, stewing steak etc

Low Borrowbridge Farm, Tebay, Penrith CA10 3XX.



Services in our Anglican Churches

Sunday 1 June Easter 7 <i>White</i> <i>Welcomer:</i> Acts 16.16-34 Revelation 22.12-14,16,17,20,21 John 17.20-26 <i>Prayers:</i>	Orton, 8.30am Holy Communion <i>Chris Jenkin</i> John Dunning	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship <i>Team</i> Richard Best Diana Fothergill
Sunday 8 June Pentecost <i>Red</i> <i>Welcomer:</i> Genesis 11.1-9 Acts 2.1-21 John 14.8-17,[25-27] <i>Prayers:</i>	Orton, 10.30am Holy Communion <i>Sandra Ward</i> Pam & Garth Blundell Margaret Longworth Andy Glanville Angela Milburn	Tebay, 10.30am Holy Communion <i>Chris Jenkin</i>	Ravenstonedale, 10.00am Holy Communion <i>Fran Parkinson</i> Hilary Law David Farr
Sunday 15 June Trinity Sunday <i>White</i> <i>Welcomer:</i> Proverbs 8.1-4, 22-31 Romans 5.1-5 John 16.12-15 <i>Prayers:</i>	Orton, 10.30am Service of the Word <i>Team</i> Mary Jenkin	Tebay, 10.30am Service of the Word <i>Team</i>	Ravenstonedale, 10.00am Morning Worship <i>Rosemary Campbell</i> John Newton Ian Torkington
Sunday 22 June Trinity 1 <i>Green</i> <i>Welcomer:</i> Isaiah 65.1-9 Galatians 3.23-29 Luke 8.26-39 <i>Prayers:</i>	Three Churches HC Service at St James, Tebay; 10:30am Holy Communion <i>Brendan Giblin</i> Zoom meeting number: 894 1727 3600		
Sunday 29 June Trinity 2 <i>Green</i> <i>Welcomer:</i> Ezekiel 3.22-27 Acts 12.1-11 Matthew 16.13-19 <i>Prayers:</i>	Benefice HC Service at Crosby Garrett; 10.30am Holy Communion <i>Brendan Giblin</i> Zoom meeting number: 894 1727 3600		

Church Contacts Anglican Church

Vicar Brendan Giblin
017683 39168 — 07477 049576
revbgiblin@gmail.com

Curate Charles Cowling

Mission Community
Administrator
Joyce Keetley 07741 327318
applebymc@carlisedioocese.org.uk

Retired clergy
Sandra Ward 24213
(Penrith Hospital Chaplain)
Christopher Jenkin 24410

Orton with Tebay

Churchwardens

Linda Garrick 24262
Martin Lawson 26028

Secretary
[vacant]

Treasurer
Bill Lawler 24465

Local lay ministers
Rosemary Campbell 24837

Ravenstonedale with Newbiggin-on-Lune

Churchwardens
Ann Brownrigg 23594
Martin Windle 07899 907958
Tim Parkinson 23353

Secretary

Suesi Windle
suesi.windle@googlemail.com

Treasurer
Tim Parkinson 23353

Methodist Church

Minister Revd Stephen Radford,
017683 71202
stephen.radford@methodist.org.uk

Administrator Avril Swinbank
ksatcircuit@gmail.com

Roman Catholic Church

Fr John Winstanley
Church of Our Lady of Appleby
01768 862273

Services in our Methodist Churches and other churches

	2025	1 st June	8 th June	15 th June	22 nd June	29 th June
			Pentecost Methodist Homes Sunday	Trinity Sunday		Conference Sunday
*Tebay M P 1-1300 M H B	10.30	S Radford HC	To Orton	US at PC	J Worsfold	LA
	6.30		3.00 Cnrxn Service at Soulby		4pm Choir at N on L	
Shap (Class of Tebay)	10.30	J Betts	3.00 Cnrxn Service at Soulby		4pm Choir at N on L	
Orton M P Complete M H B PB EW	10.30	P & H Stobart OA	P Carter	R McGregor	LA	A Dunstan OA
	6.30		3.00 Cnrxn Service at Soulby		4pm Choir at N on L	
#Newbiggin on Lune M P 1-1250 + More on screen M H B	10.30	LA	D Askew HC	S Radford B	TP OA	AAW OA
	6.30		3.00 Cnrxn Service at Soulby		4pm Visit of F&W Choir	
*Ravenstonedale M P 1-1144 M H B H & P	2.00	S Radford	3.00 Cnrxn Service at Soulby	J Betts	S Radford	LA
	6.30				4pm Choir at N on L	

New Beginnings Church

welcomes you to visit their new venue in Castle Street Centre, Kendal at 11.15am for a time of praise, hearing God's word and prayer followed by lunch.

**Contact Barry on 07437468896
or email**

nbccumbria@gmail.com

Vinelife Cumbria Fellowship

Every Sunday in
Orton Market Hall,
10.30 am — 12.30pm

Baptisms, Weddings and Funerals

For any **Anglican** churches, if you want to make enquiries about a baptism please contact your local Church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator: Joyce Keetley on 07741 327318 or applebymc@carlisle-diocese.org.uk

For any **Methodist** church requirements for membership, marriage, funerals, etc. please make contact in the first instance with Rev Stephen Radford: stephen.radford@methodist.org.uk

Confirmation can mark a significant milestone in a person's Christian journey. It is a time when people - young, and increasingly older, can, explore for themselves, the meaning of the Christian faith.

Bishop James Bell will be leading a
**Confirmation service at 10.30am
on Sunday 3 August
at Kirkby Stephen Parish Church.**

During the confirmation service Bishop James will say to all being confirmed "God has called you by name and made you his own." If these words are true, and we believe they are, how wonderful to know that you are special to God. This is life-changing.

So if you would like to consider confirmation please be in touch with me. I look forward to hearing from you. Brendan 017683 39168, revbgiblin@gmail.com

For anyone wanting to receive **home communion** or in need of **pastoral support**, please contact:
Rev. Sandra Ward on 015396 24213 or 07946 633334.

Please leave a message and she will get back to you ASAP.

(If your need is urgent
please contact
Rev. Brendan Giblin,
on 017683 39168)

News from All Saints' Church, Kasese, Uganda

*parish linked
with All Saints', Orton*



WhatsApp messages and emails received

From Rev. Canon Nelson Walina

4.5.25: Thanks for your prayers upon my family. These are my first grandchildren, who all go to Kamaiba Primary School.

The girl is called Musoki Nancy Sandra (year 5); her father is my son, Muhindo Millius.

The boy in the middle is called Mumbere Mark Allan, year 3. He is son to our daughter Esther Mbambu.

The tall boy is called Mumbere Keith Randel, year 5; son to Felix Bwambale.



This first term, they have done well, first and second grades. We are so grateful with their results. They will begin second term on 26th May. Continue praying with us, especially Melina who looks after them, provides for them scholastic materials and others like tuition fees.



15.5.25: Melina and other 13 Clergy Wives are in Kampala for a Pastors wives conference at Buyogerere, Kampala, from 7th to 10th May. Pray with them to have good health, and successful.

17.5.25: Beautiful mamas, Clergy Wives from South Rwenzori Diocese, Kasese, at the Conference at Buyogerere, Kampala, 3rd day.



From Rev. Nelson Isebagheen:

30.4.25: Continue praying for me and my ministry.

Pray for the ministry I started in Congo---Butembo.

I will be going back on 14th June for follow up and training youth leaders and pastors how to care and nurture the young people (generation).



**Families Together in Tebay and Orton have a
Marquee for hire (10m x 4m, £50 per day)**

Hiring it out helps them cover the cost of other events — get in touch with them on FB or email them at hello@ftto.org for more info.

Shap Farmers' and Makers' Market

Saturday 28th June

9am -1pm

Food/Art/Craft/Plant stalls

plus much more - indoors and outdoors

Cumbria Retired Police Dogs Benevolent Fund

Music on the Terrace 10.30am - 12.30pm

Morland Ukulele Group

Tirril Art Group exhibition inside The Old Courthouse

also meet some of the artists

The Old Courthouse , Shap

Exhibition 31st May to 29th June

Tirril Art Group

Free Admission

see website for opening times

www.theoldcourthouse.org

Meet some of the artists

at Shap Market on 28th June

Upper Eden Medical Practice & Tebay surgery

Appointments

We are continuing to operate an initial telephone triage system. If it is urgent for the day please contact the Surgery at 8:30am to arrange a telephone triage call. If a face to face appointment is necessary the Doctor will book you an appropriate appointment.

Routine appointments can be arranged via the e-consult link below, and on our website:

<https://florey accurx.com/p/A82013>

Dispensary

Medication can be collected from Kirkby Stephen surgery from 9am to 6pm Monday to Friday and from our Tebay Surgery from 9am to 12:30 on Tuesdays and 3pm to 6pm on Thursdays. Please allow **five working days** for your prescription to be ready.

Samples

Please note that samples can be dropped at the Surgery Monday to Friday – but on Fridays they must arrive before 10.30am.

Please ensure they are clearly labelled with name, DOB and time sample was taken.

Protected Learning Time dates

Wednesday 13th November 2024

On the above dates the Surgery will be closed for staff training from 1pm. Please bear the Thursday dates in mind if you collect your prescriptions from Tebay Surgery.

Covid & Flu vaccinations

Covid vaccinations will be offered to all eligible patients. We are currently awaiting delivery dates.

Flu clinics for those aged 65+ OR under 65 if you have a chronic disease, and children aged 2-3. To book in for your vaccination please contact Reception or book online. Saturday morning clinics are available on 5th & 19th October. We also offer appointments on weekdays if this is more convenient.

Health Visitor & District Nurse

Eden Health Visiting Team can be contacted on 017683 54964

Our District Nurses are able to support you with nursing care at home 01946 853333.

<https://www.upperedenmedicalpractice.co.uk/>

☎: 017683 71369

Shap Medical Practice & Orton Surgery

Surgery Coffee Morning

On Saturday 26th April the Surgery at Shap will be open to all our patients for a coffee morning between 10am – 11.30am. We will have current members of the PPG in attendance along with Practice Manager, GPs and Nurse to talk about the developments of the Surgeries and PPG. We will be demonstrating equipment that has been purchased through the equipment fund. Refreshments are free to all our patients.

Appointment System

When you contact us, our reception team will ask for a brief reason for your appointment. Based on this, they will offer you the most appropriate appointment type and timescale. This may be a telephone or face-to-face appointment with a GP, a nurse, or our local First Contact Physio.

For GP appointments, you will be offered one of three categories: Red, Amber, or Green. Red appointments are for same-day emergencies, where it is clinically important that you are seen immediately. Please ring as early as possible if you need to be seen that day, to help our receptionists and doctors manage your care effectively. For pre-bookable Amber and Green appointments, you can ring at any time during the day. You may be offered an appointment within the next few days or a routine appointment up to two weeks ahead. Pre-booking mean you can request your preferred GP.

Dispensary

Medication can be collect from the Shap Dispensary **4 working days** after submitting your prescription. We'll send you a text message to confirm when your medication is ready for pickup.

Please note new Dispensary hours:

Monday, Wednesday, and Friday:
9:00 am – 1:00 pm, 3:00 pm – 6:00 pm

Tuesday and Thursday: 9:00 am – 1:00 pm

Orton Surgery

Medication is available for collection every Tuesday between 10am and 11am.

Equipment on Loan

May we politely ask that if you have any equipment that belongs to the Practice at home, please return it us at the earliest possible opportunity.

Change of Personal Details

Please can you inform the Practice if your address, telephone or email address has changed.

www.shapmedicalpractice.co.uk

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Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garthill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
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Orton	09.40	13.20/12.50	16.10
Shap V Hall	09.55	13.10/12.40	16.25
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Penrith	10.30	12.30/12.00	17.00

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Useful Contacts

Phone STD code is 015396 unless otherwise shown. Please let us know if there are others to add here.

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For primary age children

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Friends of Orton School:
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haywardjm75@gmail.com

Tebay Primary School:

Head of School: Mrs. Helen Wright
Office: Tracey Morland: 24239
Friends of Tebay School:
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Catchment Area Secondary School:

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Appleby Brownies: Sue Grainger: 07876 403895

Appleby Rainbows: Sue Grainger: 07876 403895

Kirkby Stephen Brownies & Guides:

Audrey Gray: 07889 093848

Northern Inter-Schools Christian Union (NISCU):

Ruth Evans, ruth.evans@niscu.org.uk

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Tebay Beginner Brass:

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Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth: 24900

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Bands:

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Bell Ringers: Julian Thorpe: 24166

Bingo: Helen Wearmouth 24066 or 07377 332 162

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Kendal: www.lakelandsinfonia.org.uk

Kendal: www.kendalmiddayconcertclub.org

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Orton Market Hall Bookings:

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Men's Meeting, Newbiggin: Jonny Capstick: 23141

Orchestra: Cobweb Orchestra: Richard Best: 23470

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Women's Groups:

Orton: Pat Alexander: 24303

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Local community websites:

Orton Community Website: <https://ortoneden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

Ravenstonedale Parish Council: <https://www.rdalepc.uk>

Local church websites:

All Saints': <https://www.achurchnearyou.com/church/12220/>

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St James': <https://www.achurchnearyou.com/church/12223/>

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